1  
00:00:02,440 --> 00:00:03,800  
好了，各位同学们  
  
2  
00:00:04,280 --> 00:00:06,680  
我们接着聊金匮要略  
  
3  
00:00:08,620 --> 00:00:10,940  
终于啊，讲到了妇人三篇  
  
4  
00:00:11,710 --> 00:00:12,470  
富人三篇呢  
  
5  
00:00:12,750 --> 00:00:15,430  
是金匮之中非常有特点  
  
6  
00:00:15,830 --> 00:00:19,470  
而且也非常有权重的一个章节  
  
7  
00:00:20,940 --> 00:00:24,700  
富人三篇呢，之所以称为三啊  
  
8  
00:00:25,260 --> 00:00:26,700  
有前有中有后  
  
9  
00:00:28,530 --> 00:00:31,370  
人参产后  
  
10  
00:00:32,540 --> 00:00:34,900  
杂病翻译过来  
  
11  
00:00:35,060 --> 00:00:39,300  
胎前产后和不是胎前也不是产后，对不对啊  
  
12  
00:00:39,660 --> 00:00:39,860  
哎  
  
13  
00:00:40,020 --> 00:00:43,660  
那么以前咱们就曾经聊过中医呢  
  
14  
00:00:43,780 --> 00:00:46,020  
分科其实由来已久啊  
  
15  
00:00:46,550 --> 00:00:49,910  
那么为什么分科不是说我们非要标新立异  
  
16  
00:00:50,390 --> 00:00:52,070  
因为人的生理病理呢  
  
17  
00:00:52,310 --> 00:00:54,060  
他本有不同  
  
18  
00:00:54,460 --> 00:00:55,860  
我们说最起码呀  
  
19  
00:00:56,460 --> 00:00:57,940  
咱不说13科  
  
20  
00:00:58,540 --> 00:01:01,860  
古人最起码的分科有三种  
  
21  
00:01:02,530 --> 00:01:06,490  
大方脉带下科，就是所谓的富人对吧  
  
22  
00:01:07,130 --> 00:01:07,410  
呃  
  
23  
00:01:09,000 --> 00:01:11,090  
以及小儿啊  
  
24  
00:01:11,130 --> 00:01:14,050  
刚才有个口误，我指的是大方脉以外  
  
25  
00:01:14,450 --> 00:01:16,290  
那么包含还包含一个商科  
  
26  
00:01:16,810 --> 00:01:17,410  
咱们这么讲  
  
27  
00:01:17,930 --> 00:01:18,130  
呃  
  
28  
00:01:18,490 --> 00:01:20,940  
富人、小儿和伤科  
  
29  
00:01:21,140 --> 00:01:23,500  
原因是他们三者的生理病理  
  
30  
00:01:24,060 --> 00:01:27,830  
跟正常的内伤杂病它不是一回事啊  
  
31  
00:01:27,950 --> 00:01:29,070  
咱们要明白这个道理  
  
32  
00:01:29,070 --> 00:01:30,830  
他的呃，生理病理呢  
  
33  
00:01:30,830 --> 00:01:33,270  
跟正常的内伤杂病有所不同  
  
34  
00:01:34,010 --> 00:01:36,890  
之前我们曾经也不止一次的给大家聊过  
  
35  
00:01:36,890 --> 00:01:37,690  
比如说儿科  
  
36  
00:01:38,250 --> 00:01:38,730  
小儿呢  
  
37  
00:01:38,730 --> 00:01:40,970  
它是一种生长生发的状态  
  
38  
00:01:41,610 --> 00:01:43,500  
而这个商科呢  
  
39  
00:01:44,020 --> 00:01:46,720  
由不管是开放式的啊  
  
40  
00:01:46,760 --> 00:01:48,720  
古人叫红商对吧  
  
41  
00:01:49,120 --> 00:01:50,280  
包括撞击类  
  
42  
00:01:50,280 --> 00:01:52,160  
它不是开放式的这种轻伤  
  
43  
00:01:53,060 --> 00:01:57,160  
它跟我们传统的临证，这种六经辩证  
  
44  
00:01:57,240 --> 00:01:59,120  
其实你就有很多时候吧  
  
45  
00:01:59,480 --> 00:02:00,920  
你不能硬往一块合  
  
46  
00:02:01,730 --> 00:02:03,610  
它不一定走经脉啊  
  
47  
00:02:03,610 --> 00:02:05,130  
很多东西它不一定走经脉  
  
48  
00:02:05,850 --> 00:02:07,210  
它涉及到脏腑啊  
  
49  
00:02:07,930 --> 00:02:09,250  
所谓四肢百骸啊  
  
50  
00:02:09,870 --> 00:02:12,310  
甚至官窍啊，都跟它有关联  
  
51  
00:02:12,950 --> 00:02:16,980  
那么富人更是了，这四样经带胎产  
  
52  
00:02:17,420 --> 00:02:20,350  
这个是正常大方卖所不具备啊  
  
53  
00:02:20,430 --> 00:02:23,830  
因此有必要把妇科单独拿出来  
  
54  
00:02:23,990 --> 00:02:26,790  
我们这个妇人三篇就是由此而来  
  
55  
00:02:28,250 --> 00:02:29,490  
实际上妇人三篇呢  
  
56  
00:02:29,570 --> 00:02:31,850  
里头有很多非常经典的方剂  
  
57  
00:02:31,970 --> 00:02:33,850  
咱们如果掰开了，揉碎了  
  
58  
00:02:34,210 --> 00:02:36,170  
他是很系统的啊  
  
59  
00:02:37,370 --> 00:02:39,090  
我们从头看，啊  
  
60  
00:02:39,410 --> 00:02:39,810  
富人  
  
61  
00:02:40,530 --> 00:02:42,130  
呃，正确的读音啊  
  
62  
00:02:42,130 --> 00:02:44,400  
因为我们总得强调一下  
  
63  
00:02:44,760 --> 00:02:44,960  
呃  
  
64  
00:02:44,960 --> 00:02:46,760  
有很多人读成妊辰，对吧  
  
65  
00:02:47,240 --> 00:02:48,320  
呃，但这个事呢  
  
66  
00:02:48,320 --> 00:02:51,220  
如果是相对，见仁见智吧  
  
67  
00:02:51,900 --> 00:02:54,260  
其实应该读成人参病对不对啊  
  
68  
00:02:54,260 --> 00:02:56,460  
哎，人参病呃脉证  
  
69  
00:02:58,310 --> 00:03:01,630  
第一条是越富人得平脉  
  
70  
00:03:02,970 --> 00:03:03,650  
那么这呢  
  
71  
00:03:04,170 --> 00:03:07,050  
呃，首先平麦就是强调这个人啊  
  
72  
00:03:07,130 --> 00:03:11,690  
他不是一个病理状态啊  
  
73  
00:03:11,770 --> 00:03:13,810  
其实这个你真的没有必要抠  
  
74  
00:03:14,410 --> 00:03:17,930  
说这个平脉必须得是呼吸定息脉五至  
  
75  
00:03:18,010 --> 00:03:19,890  
或者是脉位必须要在哪  
  
76  
00:03:20,460 --> 00:03:22,380  
呃，你是各部的麦位  
  
77  
00:03:23,370 --> 00:03:24,610  
咱们说脾脉弱，筋骨  
  
78  
00:03:24,810 --> 00:03:27,690  
它脉体脉形跟季节相应对吧  
  
79  
00:03:28,130 --> 00:03:29,490  
这个不一定要抠这个  
  
80  
00:03:29,490 --> 00:03:32,000  
因为我们说不得病的人  
  
81  
00:03:32,000 --> 00:03:34,280  
也就是相对的常人啊  
  
82  
00:03:34,480 --> 00:03:37,400  
他的脉也不一定是完全  
  
83  
00:03:38,430 --> 00:03:38,630  
呃  
  
84  
00:03:38,630 --> 00:03:39,350  
不，徐不躁  
  
85  
00:03:39,350 --> 00:03:40,150  
一点问题没有  
  
86  
00:03:40,590 --> 00:03:43,590  
他这强调的就是这个人自己没有基础病  
  
87  
00:03:43,790 --> 00:03:45,350  
用我们今天的话来说啊  
  
88  
00:03:45,350 --> 00:03:46,230  
他没有基础病  
  
89  
00:03:46,830 --> 00:03:50,030  
没有基础病的之后讲叫阴脉小弱  
  
90  
00:03:51,510 --> 00:03:52,670  
这个阴脉呢  
  
91  
00:03:54,620 --> 00:03:57,380  
我认为啊，他说的就是尺脉  
  
92  
00:03:58,280 --> 00:04:01,680  
为什么相对来说以部位来论  
  
93  
00:04:02,600 --> 00:04:03,880  
寸脉主表  
  
94  
00:04:03,960 --> 00:04:07,800  
而尺脉主里表里者内外也啊  
  
95  
00:04:08,160 --> 00:04:09,920  
内外也那么阴阳也  
  
96  
00:04:09,920 --> 00:04:12,270  
阴者藏也啊  
  
97  
00:04:12,830 --> 00:04:15,110  
阴者藏也藏精气  
  
98  
00:04:16,600 --> 00:04:18,120  
那么阴脉小弱呢  
  
99  
00:04:19,079 --> 00:04:22,280  
他说的就是尺脉，为什么强调阴脉小弱  
  
100  
00:04:23,790 --> 00:04:28,240  
这个其实话说妇人得平脉  
  
101  
00:04:28,960 --> 00:04:29,560  
阴脉小弱  
  
102  
00:04:29,640 --> 00:04:34,760  
她书中代言暗指这个人现在已经怀孕了  
  
103  
00:04:35,700 --> 00:04:36,980  
在怀孕的时候呢  
  
104  
00:04:38,340 --> 00:04:40,940  
单独强调阴脉也就是尺脉  
  
105  
00:04:42,450 --> 00:04:47,130  
她为了说什么，刚刚怀孕之初气血未充  
  
106  
00:04:49,230 --> 00:04:49,990  
还不充盛  
  
107  
00:04:51,380 --> 00:04:54,900  
所以说呢，他的脉动较小啊  
  
108  
00:04:54,900 --> 00:04:57,060  
他是从比对来说较小  
  
109  
00:04:58,700 --> 00:05:00,340  
呃，当然这个呢  
  
110  
00:05:00,380 --> 00:05:02,820  
随着这个孕期的变化  
  
111  
00:05:03,650 --> 00:05:04,730  
呃，我们说古人啊  
  
112  
00:05:04,730 --> 00:05:07,850  
有很多对于运脉的论述  
  
113  
00:05:08,610 --> 00:05:10,130  
呃，比如说内经呢  
  
114  
00:05:10,410 --> 00:05:14,050  
最经典的一句话，手少阴脉动甚者  
  
115  
00:05:14,770 --> 00:05:16,410  
仁子也啊  
  
116  
00:05:16,940 --> 00:05:20,980  
那么千金也有这么一句，3月尺麦朔啊  
  
117  
00:05:21,060 --> 00:05:21,820  
3月尺脉朔  
  
118  
00:05:22,220 --> 00:05:27,140  
那么说明这个见到阳气萌动的状态了  
  
119  
00:05:29,330 --> 00:05:30,610  
那么这个人怎么样了呢  
  
120  
00:05:30,730 --> 00:05:31,410  
其人渴  
  
121  
00:05:32,650 --> 00:05:32,850  
呃  
  
122  
00:05:32,890 --> 00:05:34,170  
为什么会口渴啊  
  
123  
00:05:35,950 --> 00:05:36,910  
因为尺脉啊  
  
124  
00:05:36,910 --> 00:05:40,150  
咱们说现在气血都往那儿去了啊  
  
125  
00:05:40,230 --> 00:05:41,990  
都往这个尺部走了  
  
126  
00:05:43,130 --> 00:05:44,010  
那么这个时候呢  
  
127  
00:05:44,090 --> 00:05:49,190  
相对的膀胱之气不能像不能充分的气化啊  
  
128  
00:05:49,270 --> 00:05:50,310  
膀胱之气不生  
  
129  
00:05:50,910 --> 00:05:51,870  
这样的话，津液呢  
  
130  
00:05:52,630 --> 00:05:55,870  
呃，貌似就有一种口渴的假象  
  
131  
00:05:56,800 --> 00:05:57,960  
同时呢，不能识  
  
132  
00:05:58,920 --> 00:06:00,160  
原理差不多啊  
  
133  
00:06:00,200 --> 00:06:05,940  
那么当务之急都是奔这个呃  
  
134  
00:06:07,850 --> 00:06:10,910  
运胎的这个子脏对吧  
  
135  
00:06:10,990 --> 00:06:12,630  
也就是子宫奔那去了  
  
136  
00:06:12,630 --> 00:06:14,310  
气血营养子藏  
  
137  
00:06:15,390 --> 00:06:16,150  
这个时候呢  
  
138  
00:06:16,630 --> 00:06:18,150  
呃，胃气就不下降  
  
139  
00:06:19,330 --> 00:06:21,010  
膀胱不生，胃气不降  
  
140  
00:06:21,740 --> 00:06:24,660  
那么自然出现了口渴啊  
  
141  
00:06:25,260 --> 00:06:27,060  
以及不能食的症状  
  
142  
00:06:27,540 --> 00:06:28,260  
无寒热  
  
143  
00:06:29,750 --> 00:06:30,990  
不怕冷，也不怕热  
  
144  
00:06:31,520 --> 00:06:31,720  
呃  
  
145  
00:06:31,840 --> 00:06:33,640  
没有其他的问题  
  
146  
00:06:34,080 --> 00:06:37,040  
明人参桂枝汤主之，呃  
  
147  
00:06:37,040 --> 00:06:37,640  
在这呢  
  
148  
00:06:37,680 --> 00:06:41,410  
仲景先师用了一个桂枝汤法  
  
149  
00:06:43,500 --> 00:06:50,140  
开宗明义告诉以这个方立法调和人参期间的  
  
150  
00:06:51,010 --> 00:06:51,210  
呃  
  
151  
00:06:51,290 --> 00:06:52,450  
这种口渴呀  
  
152  
00:06:53,210 --> 00:06:54,090  
胃气不降啊  
  
153  
00:06:55,130 --> 00:06:55,330  
呃  
  
154  
00:06:55,770 --> 00:07:00,130  
至于为什么，我觉得熟知伤寒的同学们  
  
155  
00:07:00,650 --> 00:07:04,370  
呃，应该很容易明白桂枝汤立法呢  
  
156  
00:07:05,740 --> 00:07:06,860  
王道也啊  
  
157  
00:07:06,900 --> 00:07:09,300  
我们说桂枝甘草辛甘化阳  
  
158  
00:07:10,060 --> 00:07:12,460  
芍药甘草苦甘化阴  
  
159  
00:07:13,610 --> 00:07:15,130  
阴阳兼备  
  
160  
00:07:15,850 --> 00:07:16,690  
营纬双运  
  
161  
00:07:17,130 --> 00:07:19,090  
它是一个中和之道啊  
  
162  
00:07:19,090 --> 00:07:23,640  
它是整个是一个呃，我们讲中和王道  
  
163  
00:07:24,860 --> 00:07:25,420  
所以说呢  
  
164  
00:07:25,420 --> 00:07:27,660  
不偏不倚，呃用于  
  
165  
00:07:29,270 --> 00:07:30,870  
这个孕胎之期啊  
  
166  
00:07:30,870 --> 00:07:31,390  
一开始  
  
167  
00:07:32,970 --> 00:07:33,530  
后头呢  
  
168  
00:07:34,050 --> 00:07:35,890  
解释了一下，叫语法  
  
169  
00:07:36,010 --> 00:07:36,690  
60日  
  
170  
00:07:37,700 --> 00:07:38,900  
当有此证啊  
  
171  
00:07:38,900 --> 00:07:42,900  
那么告诉你说60日见证60日正好一个甲子  
  
172  
00:07:43,260 --> 00:07:45,340  
我们说从日数上来说  
  
173  
00:07:45,810 --> 00:07:47,970  
十天干和12地支，正好呢  
  
174  
00:07:48,650 --> 00:07:50,450  
转一圈啊，正好转一圈  
  
175  
00:07:50,450 --> 00:07:51,490  
那么60天呀  
  
176  
00:07:51,930 --> 00:07:53,170  
呃，一个小甲子  
  
177  
00:07:53,810 --> 00:07:54,450  
这个人啊  
  
178  
00:07:54,450 --> 00:07:57,690  
就是会有身体，会有一个变化  
  
179  
00:07:58,230 --> 00:07:58,430  
呃  
  
180  
00:07:58,550 --> 00:08:01,350  
过去相传啊，说彭祖寿高800  
  
181  
00:08:01,830 --> 00:08:03,510  
其实在古代的时候呢  
  
182  
00:08:03,510 --> 00:08:07,450  
那么有一个这个最小的碎的概念，啊  
  
183  
00:08:07,530 --> 00:08:08,490  
岁，800岁嘛  
  
184  
00:08:08,490 --> 00:08:08,770  
对吧  
  
185  
00:08:09,090 --> 00:08:09,930  
一岁是多少  
  
186  
00:08:09,930 --> 00:08:12,250  
其实就是60甲子，呃  
  
187  
00:08:12,670 --> 00:08:13,230  
两个月  
  
188  
00:08:13,630 --> 00:08:14,630  
按这个推算呢  
  
189  
00:08:14,630 --> 00:08:14,990  
彭祖  
  
190  
00:08:14,990 --> 00:08:19,310  
大概实际这个我，当然我们是从纯学术理论上啊  
  
191  
00:08:19,620 --> 00:08:22,700  
呃，说当年的那就应该是140岁啊  
  
192  
00:08:22,740 --> 00:08:25,540  
从这个角度上来说，800相当于140  
  
193  
00:08:25,740 --> 00:08:27,220  
那么60是一个小夹子  
  
194  
00:08:27,340 --> 00:08:28,740  
这个在我们临床之中  
  
195  
00:08:29,140 --> 00:08:32,250  
除了当下啊，告诉你这个  
  
196  
00:08:32,650 --> 00:08:32,850  
呃  
  
197  
00:08:32,850 --> 00:08:34,289  
60日当有此症  
  
198  
00:08:34,690 --> 00:08:36,570  
其实也给我们很多很多启发  
  
199  
00:08:36,970 --> 00:08:39,690  
在临床上我们说人体是否有周期  
  
200  
00:08:40,390 --> 00:08:43,429  
当然有，我们从蒋金龟一开始的时候啊  
  
201  
00:08:43,429 --> 00:08:46,430  
当时讲过这个阳病阴病，对吧  
  
202  
00:08:46,630 --> 00:08:48,870  
那时候就曾经提过这个问题  
  
203  
00:08:49,270 --> 00:08:49,470  
呃  
  
204  
00:08:49,550 --> 00:08:50,790  
所谓5日为一候  
  
205  
00:08:51,630 --> 00:08:52,910  
三候为一气  
  
206  
00:08:53,520 --> 00:08:54,840  
那么伤寒论呢  
  
207  
00:08:55,360 --> 00:08:57,920  
伤寒杂病论全书，一开始的时候  
  
208  
00:08:58,080 --> 00:09:01,170  
伤寒立中间就有48节  
  
209  
00:09:01,170 --> 00:09:02,090  
24气  
  
210  
00:09:02,130 --> 00:09:02,810  
72侯  
  
211  
00:09:03,250 --> 00:09:04,170  
那么古人啊  
  
212  
00:09:04,290 --> 00:09:07,950  
把这个时间和人体的疾病这个息息  
  
213  
00:09:08,190 --> 00:09:10,830  
它这种关联性是比较重视的啊  
  
214  
00:09:11,270 --> 00:09:15,050  
那么60天是一个一个小甲子，在临床之中呢  
  
215  
00:09:15,050 --> 00:09:17,850  
很多时候你观察疾病转归的周期  
  
216  
00:09:18,290 --> 00:09:20,890  
60天也可以作为一个参照  
  
217  
00:09:21,970 --> 00:09:23,050  
呃，西医呢  
  
218  
00:09:23,170 --> 00:09:23,970  
现代医学呢  
  
219  
00:09:23,970 --> 00:09:26,690  
它有比较明确的疗程的概念  
  
220  
00:09:27,130 --> 00:09:28,530  
其实对于我们中医来说呢  
  
221  
00:09:28,770 --> 00:09:30,560  
有没有疗程啊  
  
222  
00:09:30,600 --> 00:09:32,800  
其实也有，疗程是什么  
  
223  
00:09:32,800 --> 00:09:36,100  
无非是时间在世  
  
224  
00:09:36,410 --> 00:09:40,290  
生理病理状态下的一个时间的表达啊  
  
225  
00:09:40,330 --> 00:09:41,210  
一个时间的表达  
  
226  
00:09:41,450 --> 00:09:45,450  
那么很多病它都有确切和客观的一个周期啊  
  
227  
00:09:45,490 --> 00:09:46,980  
比方说患者，呃  
  
228  
00:09:46,980 --> 00:09:48,820  
咱们说一个非常显而易见的事  
  
229  
00:09:49,180 --> 00:09:50,740  
患者，比如说出现了肺结节  
  
230  
00:09:50,780 --> 00:09:52,620  
这个在临床中非常多见的  
  
231  
00:09:52,820 --> 00:09:54,100  
那患者有的时候可能就来  
  
232  
00:09:54,220 --> 00:09:55,300  
然后问你说医生  
  
233  
00:09:55,730 --> 00:09:59,770  
那这个我吃中药之后多长时间要做检查  
  
234  
00:09:59,890 --> 00:10:01,250  
那这个时候呃  
  
235  
00:10:01,780 --> 00:10:05,220  
往往是很考验的医生水平的  
  
236  
00:10:05,680 --> 00:10:06,000  
对吧  
  
237  
00:10:06,000 --> 00:10:07,240  
你怎么去构思  
  
238  
00:10:07,240 --> 00:10:07,880  
怎么去回答  
  
239  
00:10:07,880 --> 00:10:08,520  
首先，第一  
  
240  
00:10:08,520 --> 00:10:12,490  
你有没有对这个疾病的相对准确和正确的认知  
  
241  
00:10:12,930 --> 00:10:13,250  
第二  
  
242  
00:10:13,250 --> 00:10:18,110  
有没有基于正确认知的处理的方法，两者都有了  
  
243  
00:10:18,390 --> 00:10:21,830  
那么就是在正确方法的解决之下，干预之下  
  
244  
00:10:22,070 --> 00:10:25,390  
那么这个患者的转归你不能说你就吃吧  
  
245  
00:10:25,870 --> 00:10:28,590  
反正是吃着看呃  
  
246  
00:10:30,720 --> 00:10:32,280  
事儿即使说比较严重  
  
247  
00:10:32,280 --> 00:10:33,080  
是那么个事，儿  
  
248  
00:10:33,400 --> 00:10:36,890  
那么好歹咱们有一个周期，对吧  
  
249  
00:10:37,010 --> 00:10:38,730  
他这个周期怎么体现  
  
250  
00:10:39,050 --> 00:10:40,650  
那么从一个甲子来说  
  
251  
00:10:40,690 --> 00:10:44,300  
起码60天人体往往会有一个，呃  
  
252  
00:10:44,500 --> 00:10:45,980  
相对比较明确  
  
253  
00:10:45,980 --> 00:10:47,940  
你毕竟即使说它结节而没煤  
  
254  
00:10:48,020 --> 00:10:50,700  
但是他他肯定也会有一个变化啊  
  
255  
00:10:51,150 --> 00:10:55,190  
你是减轻了还是加重了还是没变啊  
  
256  
00:10:55,190 --> 00:10:57,660  
我们从客观的角度去理解他  
  
257  
00:10:57,740 --> 00:10:59,340  
当然我说这个前提  
  
258  
00:10:59,340 --> 00:11:02,980  
你不可能把所有问题都归结到医生本身  
  
259  
00:11:03,790 --> 00:11:07,710  
患者的依从性，包括患者虽然很依从  
  
260  
00:11:07,790 --> 00:11:09,470  
但是他有没有客观的问题  
  
261  
00:11:09,910 --> 00:11:12,430  
包括包括我在临床中也知道过这样的患者  
  
262  
00:11:12,810 --> 00:11:14,570  
他家里头有客观原因  
  
263  
00:11:14,570 --> 00:11:19,100  
他非常的劳累或者非常的焦虑的状态下  
  
264  
00:11:19,620 --> 00:11:22,500  
那么你用药能让它尽量不快速发展  
  
265  
00:11:22,980 --> 00:11:25,500  
咱们说句实话就已经是个成功的医生了  
  
266  
00:11:26,020 --> 00:11:26,980  
那么从这个角度  
  
267  
00:11:26,980 --> 00:11:31,990  
我们不能完全以结果或者以诊断来论成败  
  
268  
00:11:32,030 --> 00:11:34,830  
这个东西我们都要客观的去考量啊  
  
269  
00:11:36,020 --> 00:11:39,060  
所以60天在我们这它是有一个呃  
  
270  
00:11:39,140 --> 00:11:41,660  
意义的后面说了一句话啊  
  
271  
00:11:42,900 --> 00:11:43,660  
这句话呢  
  
272  
00:11:44,740 --> 00:11:46,140  
其实就很经典了  
  
273  
00:11:46,260 --> 00:11:48,810  
也非常的呃呃  
  
274  
00:11:49,330 --> 00:11:50,930  
这是非常临床的一句话啊  
  
275  
00:11:50,970 --> 00:11:51,850  
非常的经典  
  
276  
00:11:52,990 --> 00:11:55,710  
设有一致逆者啥意思  
  
277  
00:11:56,390 --> 00:11:58,550  
逆字在我们伤寒论中啊  
  
278  
00:11:58,550 --> 00:12:01,470  
同学们，他就不是啥好事  
  
279  
00:12:02,230 --> 00:12:02,670  
对吧  
  
280  
00:12:09,360 --> 00:12:12,520  
论16条，那么这个大家熟悉的不得了啊  
  
281  
00:12:12,760 --> 00:12:14,880  
咱们商论的这非常经典的一句话  
  
282  
00:12:15,160 --> 00:12:16,720  
所谓观其脉证，知犯何逆  
  
283  
00:12:16,720 --> 00:12:17,840  
随证治止，对吧  
  
284  
00:12:18,600 --> 00:12:18,800  
哎  
  
285  
00:12:18,840 --> 00:12:23,580  
那么我们说一旦有物质一逆，尚引日  
  
286  
00:12:23,700 --> 00:12:25,310  
再逆促命期啊  
  
287  
00:12:25,310 --> 00:12:27,430  
那么逆本身就是物质的意思  
  
288  
00:12:27,430 --> 00:12:28,390  
他搞错了  
  
289  
00:12:28,750 --> 00:12:33,790  
他没有遵照人体阴阳开合书六经传变的生理  
  
290  
00:12:33,790 --> 00:12:34,590  
病理的顺序  
  
291  
00:12:35,190 --> 00:12:38,870  
那么在治疗过程中用了旺用啊  
  
292  
00:12:38,950 --> 00:12:42,470  
我们说勿用汗吐下烧针等方法  
  
293  
00:12:42,870 --> 00:12:45,150  
包括延伸到当代临床  
  
294  
00:12:45,590 --> 00:12:46,270  
比如说  
  
295  
00:12:47,890 --> 00:12:48,090  
呃  
  
296  
00:12:48,370 --> 00:12:51,410  
那么结合现代医学的我刚才讲的中医的物质  
  
297  
00:12:51,410 --> 00:12:52,210  
那西医没有吗  
  
298  
00:12:52,210 --> 00:12:52,690  
也有啊  
  
299  
00:12:53,050 --> 00:12:54,610  
比如说抗生素的滥用  
  
300  
00:12:54,910 --> 00:12:56,550  
比如说激素的滥用，对吧  
  
301  
00:12:56,550 --> 00:12:57,470  
那么很多问题  
  
302  
00:12:57,710 --> 00:13:02,590  
那么它也会引起疾病的产生，坏病这种传变啊  
  
303  
00:13:03,840 --> 00:13:05,480  
那么出现这种问题之后  
  
304  
00:13:05,480 --> 00:13:08,840  
我们讲设有一致逆者就知错了  
  
305  
00:13:09,240 --> 00:13:09,960  
什么概念  
  
306  
00:13:10,540 --> 00:13:11,620  
因为这个人啊  
  
307  
00:13:11,700 --> 00:13:14,060  
她现在这个女子呢，是怀孕了  
  
308  
00:13:14,340 --> 00:13:16,700  
怀孕了之后，比如说口渴吃不下  
  
309  
00:13:17,690 --> 00:13:18,570  
口渴吃不下，对吧  
  
310  
00:13:18,570 --> 00:13:20,170  
我们刚才讲了，膀胱不升  
  
311  
00:13:20,810 --> 00:13:21,450  
胃气不降  
  
312  
00:13:22,170 --> 00:13:23,090  
膀胱不能气化  
  
313  
00:13:23,090 --> 00:13:24,210  
胃也不能气化，对吧  
  
314  
00:13:24,370 --> 00:13:25,330  
一个不生一个不降  
  
315  
00:13:25,850 --> 00:13:27,830  
那么它不是病  
  
316  
00:13:28,350 --> 00:13:29,310  
它是生理状态  
  
317  
00:13:29,710 --> 00:13:33,350  
用桂枝汤啊，阴阳平调问题就能解决  
  
318  
00:13:34,590 --> 00:13:34,790  
呃  
  
319  
00:13:34,830 --> 00:13:36,630  
但是我这温馨提示一下  
  
320  
00:13:36,630 --> 00:13:37,470  
你用桂枝汤啊  
  
321  
00:13:37,470 --> 00:13:38,710  
你要看一下患者的脉  
  
322  
00:13:39,110 --> 00:13:41,150  
如果患者的阴阴液不足  
  
323  
00:13:41,190 --> 00:13:43,390  
这个我们还是有有有侧重的啊  
  
324  
00:13:43,810 --> 00:13:45,970  
患者的阴不足，包括有内热  
  
325  
00:13:46,410 --> 00:13:47,090  
你要慎用  
  
326  
00:13:47,130 --> 00:13:48,170  
为什么那么讲啊  
  
327  
00:13:48,490 --> 00:13:50,130  
我们讲胎前忌热  
  
328  
00:13:51,210 --> 00:13:54,210  
产后啊忌寒啊，这是一个老话  
  
329  
00:13:54,490 --> 00:13:55,490  
虽然不绝对  
  
330  
00:13:56,520 --> 00:13:57,560  
但是毕竟啊  
  
331  
00:13:57,560 --> 00:13:58,520  
我们讲胎运  
  
332  
00:13:58,600 --> 00:14:01,000  
它是以营血为为本，对不对啊  
  
333  
00:14:01,240 --> 00:14:02,960  
你千万不要伤了他的营血  
  
334  
00:14:03,040 --> 00:14:03,960  
这个很重要  
  
335  
00:14:04,220 --> 00:14:06,260  
所以用桂枝的时候，桂枝又有个特点  
  
336  
00:14:07,070 --> 00:14:08,710  
阳盛勿用桂枝下咽即B  
  
337  
00:14:08,790 --> 00:14:12,310  
那么在用的时候不是说不让你用你，你看着点卖  
  
338  
00:14:12,650 --> 00:14:14,250  
如果麦里有躁动之象  
  
339  
00:14:14,650 --> 00:14:16,490  
那你还非要照本宣科  
  
340  
00:14:16,490 --> 00:14:18,610  
你说老师说了，这个时候呢  
  
341  
00:14:18,610 --> 00:14:20,450  
它渴，它就是桂枝汤  
  
342  
00:14:20,910 --> 00:14:22,590  
那还真不一定啊  
  
343  
00:14:22,590 --> 00:14:24,030  
这个时候你要呃  
  
344  
00:14:24,150 --> 00:14:26,110  
咱不能照本宣科，按图索骥  
  
345  
00:14:26,510 --> 00:14:28,350  
那就把这个事儿就整坏了  
  
346  
00:14:30,550 --> 00:14:31,710  
告诉你，呃  
  
347  
00:14:31,950 --> 00:14:33,470  
那么有物质的啊  
  
348  
00:14:33,470 --> 00:14:34,670  
这医生他没经验  
  
349  
00:14:34,790 --> 00:14:35,710  
他一看这个人  
  
350  
00:14:36,540 --> 00:14:38,300  
呃呃，这个这个吃不下饭对吧  
  
351  
00:14:38,700 --> 00:14:39,380  
呃，口渴  
  
352  
00:14:40,380 --> 00:14:40,940  
他说好了  
  
353  
00:14:41,060 --> 00:14:42,500  
那你这个口渴肯定阴虚  
  
354  
00:14:42,980 --> 00:14:44,620  
还没看脉，对吧  
  
355  
00:14:44,620 --> 00:14:47,660  
他也不知道这个前提是得平脉是吧  
  
356  
00:14:48,020 --> 00:14:50,340  
他不知道这前提得平脉上来之后  
  
357  
00:14:50,740 --> 00:14:53,980  
就这个寒凉滋润之药就上来了  
  
358  
00:14:54,450 --> 00:14:56,290  
呃，甚则是啊  
  
359  
00:14:56,290 --> 00:14:58,970  
我们说有的人呃认为那吃不下饭  
  
360  
00:14:59,450 --> 00:15:01,930  
是不是这个里头有结胸之症啊  
  
361  
00:15:02,340 --> 00:15:05,660  
或者是有什么比如说呃呃，脾胃食啊  
  
362  
00:15:06,060 --> 00:15:06,780  
那攻下吧  
  
363  
00:15:07,340 --> 00:15:10,090  
当然这个话得放在汉代的时候  
  
364  
00:15:10,290 --> 00:15:12,810  
我们从伤寒金匮的条文来看  
  
365  
00:15:13,410 --> 00:15:16,790  
当时的攻下之法比较流行  
  
366  
00:15:17,510 --> 00:15:18,110  
比较流行  
  
367  
00:15:18,110 --> 00:15:19,270  
你会经常看到  
  
368  
00:15:19,630 --> 00:15:21,550  
若被下者，对吧  
  
369  
00:15:22,190 --> 00:15:22,630  
哎  
  
370  
00:15:23,590 --> 00:15:25,470  
那么特别多啊，特别多  
  
371  
00:15:25,860 --> 00:15:26,780  
呃，但这个呢  
  
372  
00:15:26,820 --> 00:15:29,060  
我每次在讲伤寒的时候  
  
373  
00:15:29,060 --> 00:15:31,180  
我也都在给古人啊翻案  
  
374  
00:15:31,460 --> 00:15:36,860  
就你不能认为攻下或者是温针或者发现他不对  
  
375  
00:15:37,220 --> 00:15:38,340  
他只是用错了  
  
376  
00:15:39,070 --> 00:15:43,490  
往往越有效的方法才越容易物质无效的方法  
  
377  
00:15:43,490 --> 00:15:44,810  
没有人去物质的对吧  
  
378  
00:15:45,090 --> 00:15:49,290  
你没听说过谁没事在家弄点砒霜自己保健什么  
  
379  
00:15:49,290 --> 00:15:49,970  
这没有  
  
380  
00:15:50,420 --> 00:15:54,540  
呃，用物质的方法往往是有效是前提  
  
381  
00:15:54,980 --> 00:15:57,980  
但是他没有搞清楚学术界限  
  
382  
00:15:58,410 --> 00:15:59,970  
用力过猛了，啥病都用它  
  
383  
00:16:00,370 --> 00:16:04,570  
那么那个时代不排除有医生在这种状态的时候，用弓下腰  
  
384  
00:16:05,130 --> 00:16:06,690  
知意丸药下肢，对吧  
  
385  
00:16:06,730 --> 00:16:07,370  
非其之也  
  
386  
00:16:07,610 --> 00:16:09,930  
那么很可能出现造成什么了  
  
387  
00:16:09,930 --> 00:16:11,650  
你看啊，却一跃  
  
388  
00:16:13,040 --> 00:16:16,600  
物质一跃后加兔下者  
  
389  
00:16:17,640 --> 00:16:19,960  
用我们现代人的话说出现兔下之症  
  
390  
00:16:20,880 --> 00:16:21,680  
证明啥问题  
  
391  
00:16:23,000 --> 00:16:24,640  
中期受损了  
  
392  
00:16:25,990 --> 00:16:30,470  
则觉知叫啥呀，流产  
  
393  
00:16:31,430 --> 00:16:34,430  
哎，这个是对于孕期  
  
394  
00:16:36,040 --> 00:16:38,320  
生理包括物质  
  
395  
00:16:39,150 --> 00:16:42,910  
非常重要的一个条文啊  
  
396  
00:16:42,950 --> 00:16:44,990  
大家要读好古人的书  
  
397  
00:16:45,350 --> 00:16:49,670  
他告诉你手把手教你什么样是怀孕，正常的现象  
  
398  
00:16:49,950 --> 00:16:50,670  
该怎么治  
  
399  
00:16:51,350 --> 00:16:54,470  
如果物质甚至告诉你如果物质了对吧  
  
400  
00:16:55,330 --> 00:16:57,370  
多久会出现什么现象  
  
401  
00:16:58,330 --> 00:17:01,370  
会导致滑胎和胎漏  
  
402  
00:17:02,410 --> 00:17:06,200  
甚至是我们讲这个被流产  
  
403  
00:17:07,160 --> 00:17:07,480  
对吧  
  
404  
00:17:08,119 --> 00:17:10,319  
那么古人讲的很细腻啊  
  
405  
00:17:10,319 --> 00:17:12,099  
很细腻啊  
  
406  
00:17:12,099 --> 00:17:13,660  
这就是富人啊  
  
407  
00:17:13,940 --> 00:17:15,859  
我们说人生篇第一条  
  
408  
00:17:16,339 --> 00:17:17,859  
大家接着往下看啊  
  
409  
00:17:18,380 --> 00:17:22,700  
第二条呢，大家应该都非常的熟悉啊  
  
410  
00:17:22,740 --> 00:17:26,770  
咱们平时啊经典课程，金匮要略  
  
411  
00:17:26,770 --> 00:17:28,690  
这绝对是绕不开的一个条文  
  
412  
00:17:28,770 --> 00:17:30,780  
桂枝茯苓丸，临床呢  
  
413  
00:17:30,780 --> 00:17:32,900  
也是一张当家方啊  
  
414  
00:17:32,900 --> 00:17:35,660  
我们广泛用于比如说子宫肌瘤啊  
  
415  
00:17:35,740 --> 00:17:38,290  
妇科的一些站位啊，啊  
  
416  
00:17:38,450 --> 00:17:42,130  
包括痛经等等啊，很多很多问题  
  
417  
00:17:43,580 --> 00:17:45,300  
但这个条文吧，很有意思啊  
  
418  
00:17:45,380 --> 00:17:47,700  
你单看条文，它有点乱啊  
  
419  
00:17:47,740 --> 00:17:48,420  
其实不乱  
  
420  
00:17:48,460 --> 00:17:50,280  
他是在语序上呢  
  
421  
00:17:50,640 --> 00:17:52,160  
古人这个叙事方法呀  
  
422  
00:17:52,160 --> 00:17:54,080  
他有涉及到一些倒装的东西  
  
423  
00:17:54,400 --> 00:17:58,010  
所以我们现代人看起来有的时候就觉得，呃  
  
424  
00:17:58,290 --> 00:18:00,530  
前言后语之间有点矛盾  
  
425  
00:18:01,370 --> 00:18:04,170  
他讲了其实就讲了一个事  
  
426  
00:18:05,360 --> 00:18:08,840  
以这个月经古人叫叫经断  
  
427  
00:18:09,040 --> 00:18:10,800  
其实什么叫经断啊  
  
428  
00:18:18,900 --> 00:18:20,580  
呃，女子每个月啊  
  
429  
00:18:20,940 --> 00:18:24,380  
正常情况下，正常生理情况下每个月来一次月经  
  
430  
00:18:25,160 --> 00:18:26,520  
当然我之前给大家讲过  
  
431  
00:18:26,520 --> 00:18:27,920  
人和人体质不同对吧  
  
432  
00:18:27,920 --> 00:18:29,960  
不可一一呃一概而论  
  
433  
00:18:30,280 --> 00:18:31,240  
有的女子呢  
  
434  
00:18:31,240 --> 00:18:32,680  
她就是两个月来一回  
  
435  
00:18:33,310 --> 00:18:34,910  
甚至有三个月，半年一年  
  
436  
00:18:34,950 --> 00:18:36,790  
甚至据我看古书  
  
437  
00:18:36,790 --> 00:18:40,110  
这个我没见过，真人古书上说有一辈子不来的  
  
438  
00:18:40,880 --> 00:18:44,600  
呃，但是从中医的角度来讲  
  
439  
00:18:45,450 --> 00:18:46,130  
相对啊  
  
440  
00:18:46,890 --> 00:18:49,910  
它的稳定的日期越长  
  
441  
00:18:50,630 --> 00:18:55,910  
说明女子她这个先天越充盛其实是好事  
  
442  
00:18:56,780 --> 00:18:58,060  
千万不能当成病  
  
443  
00:18:58,700 --> 00:18:58,900  
哎  
  
444  
00:18:58,900 --> 00:19:01,100  
但是你得会听你千万别认为啊  
  
445  
00:19:01,140 --> 00:19:03,820  
那张老师说了那俩月来一回好事  
  
446  
00:19:04,380 --> 00:19:07,100  
下回半年来一回我又进步了啊  
  
447  
00:19:07,300 --> 00:19:10,820  
结果你一查发现这个激素六项它有问题对吧  
  
448  
00:19:11,100 --> 00:19:13,780  
后来一看，多囊卵巢综合症是吧  
  
449  
00:19:14,060 --> 00:19:16,940  
哎，或者是是咱们说脑垂体的都出现问题  
  
450  
00:19:17,430 --> 00:19:21,670  
他那个我前提说是生理的状态，而且是规律的啊  
  
451  
00:19:21,670 --> 00:19:25,890  
这个是防止大虾手下出现冤案  
  
452  
00:19:25,970 --> 00:19:27,720  
因为我就遇到过啊  
  
453  
00:19:27,800 --> 00:19:30,280  
女孩子她从小就是三个月一次  
  
454  
00:19:30,280 --> 00:19:33,360  
结果到处啊，父母就担心说这孩子可咋整  
  
455  
00:19:33,560 --> 00:19:36,680  
到处求医问药，终于给志成一个月一回了  
  
456  
00:19:37,130 --> 00:19:39,970  
然后然后这体脂也也也也变化了  
  
457  
00:19:39,970 --> 00:19:42,600  
咱们就说啊呃，那就有点可惜了啊  
  
458  
00:19:42,600 --> 00:19:43,360  
有点可惜了  
  
459  
00:19:43,760 --> 00:19:49,010  
本来是他说明他先天冲人脉比较充盛啊呃一种现象  
  
460  
00:19:49,570 --> 00:19:54,090  
但是这个呢，说是在正它非正常的生理状态  
  
461  
00:19:54,090 --> 00:19:55,610  
我们讲啊呃  
  
462  
00:19:57,400 --> 00:19:58,520  
例假就没了  
  
463  
00:19:59,280 --> 00:20:02,640  
例假没了有两种，一种它就叫闭经对吧  
  
464  
00:20:03,040 --> 00:20:04,120  
还有一种是怀孕  
  
465  
00:20:04,120 --> 00:20:06,000  
怀孕了也例假也没啊  
  
466  
00:20:06,570 --> 00:20:09,610  
这块有个前提，富人素有什么呢  
  
467  
00:20:09,850 --> 00:20:13,390  
素有征病，素指的就是什么呀  
  
468  
00:20:13,790 --> 00:20:14,950  
本有的意思啊  
  
469  
00:20:23,440 --> 00:20:24,040  
在这呢  
  
470  
00:20:24,040 --> 00:20:26,600  
要给大家解释一下，呃  
  
471  
00:20:26,880 --> 00:20:28,560  
什么叫征病啊  
  
472  
00:20:28,640 --> 00:20:30,880  
在这得先解释一下什么叫征并  
  
473  
00:20:31,670 --> 00:20:33,070  
呃，准确的说呢  
  
474  
00:20:34,360 --> 00:20:36,920  
大多数情况征病的产生  
  
475  
00:20:37,120 --> 00:20:40,640  
征病，所谓那个血的积聚  
  
476  
00:20:41,320 --> 00:20:42,600  
我们真假真假嘛  
  
477  
00:20:42,960 --> 00:20:46,540  
哎，蒸主要是从那个营和血份来立脚啊  
  
478  
00:20:46,660 --> 00:20:48,860  
他血气淤住了，穴啊  
  
479  
00:20:48,860 --> 00:20:50,020  
主要穴聚起来了  
  
480  
00:20:50,260 --> 00:20:51,620  
甚至形成有形之物  
  
481  
00:20:52,060 --> 00:20:53,220  
临床形成站位  
  
482  
00:20:53,840 --> 00:20:56,120  
额，那么都可以颜值啊  
  
483  
00:20:56,120 --> 00:20:58,500  
这个争咋回事  
  
484  
00:20:59,260 --> 00:21:01,460  
一般情况下是经水势来  
  
485  
00:21:01,500 --> 00:21:03,580  
就是正好是月经期  
  
486  
00:21:04,410 --> 00:21:05,450  
出现啥事了呢  
  
487  
00:21:05,490 --> 00:21:07,650  
你比如说常见的外感  
  
488  
00:21:08,040 --> 00:21:09,480  
咱们在伤寒论的时候  
  
489  
00:21:09,960 --> 00:21:11,680  
呃讲邵阳，邵阳呢  
  
490  
00:21:11,680 --> 00:21:17,060  
那么这个篇目里头带着一个所谓妇人热入血室  
  
491  
00:21:17,100 --> 00:21:17,420  
对吧  
  
492  
00:21:17,980 --> 00:21:18,180  
哎  
  
493  
00:21:18,180 --> 00:21:22,870  
那么有三条都是讲肉肉学士的这个条文，呃  
  
494  
00:21:23,510 --> 00:21:26,870  
用小柴胡汤或者刺七门啊，都都可用  
  
495  
00:21:28,090 --> 00:21:32,330  
那么这是一种比如例假的时候外感包括常见的啊  
  
496  
00:21:32,330 --> 00:21:34,540  
在我们临床中常见的，呃  
  
497  
00:21:34,620 --> 00:21:35,380  
他没外感  
  
498  
00:21:35,460 --> 00:21:37,140  
但是例假的时候他吃冷饮  
  
499  
00:21:38,140 --> 00:21:39,260  
吃凉东西，对吧  
  
500  
00:21:39,260 --> 00:21:41,100  
着凉了，甚至吃完之后呢  
  
501  
00:21:41,100 --> 00:21:43,500  
产生象火以后一到例假就想吃凉的  
  
502  
00:21:44,000 --> 00:21:49,340  
这种多见于现代临床的这个多囊卵巢综合症特别多啊  
  
503  
00:21:49,340 --> 00:21:49,820  
特别多  
  
504  
00:21:50,460 --> 00:21:51,420  
包括啊  
  
505  
00:21:51,700 --> 00:21:52,820  
还有呃  
  
506  
00:21:53,100 --> 00:21:58,150  
比较多见的例假期间出现了情志的问题  
  
507  
00:21:58,510 --> 00:21:59,830  
比如说暴怒  
  
508  
00:22:01,300 --> 00:22:04,820  
忧虑都会这个，这个忧忧伤过度啊  
  
509  
00:22:05,260 --> 00:22:07,930  
都会伤及到这个月经  
  
510  
00:22:08,010 --> 00:22:09,570  
这个我们在临床上都见过  
  
511  
00:22:10,210 --> 00:22:11,130  
包括什么呢  
  
512  
00:22:11,170 --> 00:22:17,640  
比较少的也有这种就是月经的时候进行房事啊  
  
513  
00:22:17,680 --> 00:22:20,360  
这个是问题会很多的啊  
  
514  
00:22:20,880 --> 00:22:21,900  
呃，对  
  
515  
00:22:22,260 --> 00:22:25,220  
男女双方皆有伤损，皆有伤损啊  
  
516  
00:22:25,540 --> 00:22:29,620  
那么女子则会容易一下就形成这个征病啊  
  
517  
00:22:29,620 --> 00:22:30,580  
一下形成征病  
  
518  
00:22:30,910 --> 00:22:33,830  
这个以致啊，血停成呸  
  
519  
00:22:33,870 --> 00:22:36,710  
你看咱们这个后头会有一个一个词儿  
  
520  
00:22:37,230 --> 00:22:38,750  
一会给大家讲，啊  
  
521  
00:22:39,940 --> 00:22:42,620  
这，这这这这个胚子啊  
  
522  
00:22:46,140 --> 00:22:46,500  
呃  
  
523  
00:22:49,400 --> 00:22:51,980  
那么这块说妇人素有症病  
  
524  
00:22:51,980 --> 00:22:55,980  
他本来就有这个症病，血就凝住了  
  
525  
00:22:56,620 --> 00:22:58,380  
祸从外感或从内伤  
  
526  
00:22:58,990 --> 00:23:00,070  
祸从房劳，对吧  
  
527  
00:23:00,390 --> 00:23:02,110  
哎，伤及到了血世  
  
528  
00:23:03,350 --> 00:23:03,990  
结果呢  
  
529  
00:23:04,870 --> 00:23:07,790  
经水断了，就是经水断了  
  
530  
00:23:08,350 --> 00:23:09,510  
不到三个月  
  
531  
00:23:10,520 --> 00:23:12,720  
又下来了就是呃  
  
532  
00:23:12,720 --> 00:23:14,440  
而且下来之后，呃  
  
533  
00:23:15,730 --> 00:23:16,130  
不止  
  
534  
00:23:16,490 --> 00:23:18,840  
当然这块有个前提啊  
  
535  
00:23:18,880 --> 00:23:20,680  
这块有个前提啊  
  
536  
00:23:21,240 --> 00:23:21,880  
这个人啊  
  
537  
00:23:22,320 --> 00:23:25,820  
你要考虑到她怀孕的因素啊  
  
538  
00:23:25,820 --> 00:23:27,300  
要考考虑到她怀孕的因素  
  
539  
00:23:27,740 --> 00:23:29,060  
所以总结一下啊  
  
540  
00:23:29,100 --> 00:23:31,740  
其实这个条文，你单看条文呢  
  
541  
00:23:31,780 --> 00:23:32,700  
貌似有点乱  
  
542  
00:23:33,020 --> 00:23:34,540  
其实我这么一说就非常简单  
  
543  
00:23:35,140 --> 00:23:36,180  
他就讲了一个事  
  
544  
00:23:36,980 --> 00:23:39,580  
经断前3月，后3月  
  
545  
00:23:40,540 --> 00:23:44,020  
你按照我这个线一捋这个条文，马上你就明朗了  
  
546  
00:23:44,620 --> 00:23:45,780  
他就讲了俩事  
  
547  
00:23:47,240 --> 00:23:51,000  
经段，前3月漏下是啥  
  
548  
00:23:51,990 --> 00:23:53,390  
后3月漏下是啥  
  
549  
00:23:53,950 --> 00:23:55,470  
总结一下很简单  
  
550  
00:23:55,830 --> 00:23:58,470  
前3月漏下位置胎漏  
  
551  
00:24:00,500 --> 00:24:05,020  
后3月下雪啊  
  
552  
00:24:07,860 --> 00:24:12,220  
位置，中部海整个条文  
  
553  
00:24:12,220 --> 00:24:15,740  
其实它就围绕这两个事梳理啊  
  
554  
00:24:18,240 --> 00:24:23,320  
前3月建宏称之为开洛  
  
555  
00:24:27,600 --> 00:24:28,800  
后3月见红  
  
556  
00:24:30,470 --> 00:24:32,230  
称之为征固啊  
  
557  
00:24:32,310 --> 00:24:35,750  
大家按照这个思路去捋这个就明白了  
  
558  
00:24:36,470 --> 00:24:40,090  
所以他解释这个真固啊，是咋回事  
  
559  
00:24:41,670 --> 00:24:43,070  
说胎动在其上  
  
560  
00:24:44,710 --> 00:24:45,350  
位置正固  
  
561  
00:24:45,670 --> 00:24:48,930  
为什么用我们今天的话来说  
  
562  
00:24:48,970 --> 00:24:51,170  
里头长肌瘤了吧，啊  
  
563  
00:24:51,770 --> 00:24:53,800  
有站位，有站位呢  
  
564  
00:24:53,800 --> 00:24:57,160  
所以胎动的位置啊上移  
  
565  
00:24:58,590 --> 00:25:02,350  
你会观察到这个胎动上移与其上啊  
  
566  
00:25:04,960 --> 00:25:05,840  
这个是真固亥  
  
567  
00:25:06,680 --> 00:25:11,240  
那么人参6月动，前3月经水利时胎也  
  
568  
00:25:12,120 --> 00:25:14,320  
那么这就是我说前3月后三页啊  
  
569  
00:25:15,080 --> 00:25:18,990  
如果是前三个月怀孕对吧  
  
570  
00:25:19,110 --> 00:25:19,710  
咱们讲啊  
  
571  
00:25:19,750 --> 00:25:21,270  
已经已经确定有孕  
  
572  
00:25:21,830 --> 00:25:24,800  
额头三个月依然下雪  
  
573  
00:25:25,400 --> 00:25:26,800  
那么就证明一个事啊  
  
574  
00:25:26,800 --> 00:25:27,680  
冲人不顾啊  
  
575  
00:25:28,720 --> 00:25:28,920  
啊  
  
576  
00:25:29,160 --> 00:25:29,960  
冲人不顾啊  
  
577  
00:25:29,960 --> 00:25:30,960  
他才他才太low啊  
  
578  
00:25:31,160 --> 00:25:32,280  
那么冲人不顾怎么办  
  
579  
00:25:32,840 --> 00:25:36,380  
我们后面会给大家讲有胶艾汤啊  
  
580  
00:25:36,380 --> 00:25:39,620  
怎么去雇这个崇仁那问题现在是后三个月  
  
581  
00:25:39,620 --> 00:25:41,980  
就是你已经过了这个时间段了  
  
582  
00:25:43,130 --> 00:25:45,010  
过了这个时间段了，还漏  
  
583  
00:25:45,530 --> 00:25:46,890  
那么就告诉你了  
  
584  
00:25:46,890 --> 00:25:50,750  
叫后段3月胚也啊  
  
585  
00:25:50,990 --> 00:25:52,950  
下血者，后段3月胚也  
  
586  
00:25:53,350 --> 00:25:59,650  
那么这个胚就是由于我们之前说的蒸固害引起啊  
  
587  
00:26:01,300 --> 00:26:02,700  
所以血不止者  
  
588  
00:26:03,500 --> 00:26:05,700  
其征不去，故也当下其征  
  
589  
00:26:05,980 --> 00:26:11,820  
那么就是说孕怀孕之后已经到这个  
  
590  
00:26:11,820 --> 00:26:13,460  
过了这个前3月对吧  
  
591  
00:26:13,820 --> 00:26:14,820  
过了这个时期了  
  
592  
00:26:15,340 --> 00:26:19,480  
那么后面还是继续下雪  
  
593  
00:26:20,320 --> 00:26:21,760  
那么证明这个里头啊  
  
594  
00:26:21,800 --> 00:26:25,550  
已经现在是有这个占位了啊  
  
595  
00:26:25,630 --> 00:26:30,400  
已经有这个征故，或者我们叫贞固蒸鸡  
  
596  
00:26:31,160 --> 00:26:34,360  
那么你就必须要把这个蒸把他攻下去  
  
597  
00:26:35,380 --> 00:26:35,900  
不公啊  
  
598  
00:26:36,180 --> 00:26:39,140  
有可能胎养不足啊  
  
599  
00:26:39,260 --> 00:26:43,900  
他就对这个胎儿的生存就会出现这种挤兑了啊  
  
600  
00:26:44,760 --> 00:26:48,720  
那么怎么攻这个里头就是有有技巧了  
  
601  
00:26:49,080 --> 00:26:51,280  
因为在怀孕的时候啊，用药  
  
602  
00:26:53,260 --> 00:26:54,980  
那么最甚洞穴吧  
  
603  
00:26:55,580 --> 00:26:56,820  
哎，你动这个血分  
  
604  
00:26:56,900 --> 00:27:02,040  
它是相当于咱们讲这个很很有风  
  
605  
00:27:02,160 --> 00:27:02,560  
危险  
  
606  
00:27:02,880 --> 00:27:03,520  
很有风险  
  
607  
00:27:03,600 --> 00:27:06,280  
甚至是我们说一句最简单的话  
  
608  
00:27:07,240 --> 00:27:09,880  
你要是说即使你是为患者好  
  
609  
00:27:09,960 --> 00:27:11,400  
即使你用药用的对  
  
610  
00:27:12,390 --> 00:27:14,750  
你要真是说怀孕期间  
  
611  
00:27:15,630 --> 00:27:17,990  
你用一些活血冻血之药  
  
612  
00:27:19,990 --> 00:27:21,390  
说一句很无奈的话  
  
613  
00:27:22,590 --> 00:27:23,750  
真的，患者要告诉你  
  
614  
00:27:23,750 --> 00:27:24,950  
你打官司你都打不赢  
  
615  
00:27:25,440 --> 00:27:27,600  
咱就说这个很很很很明显吧  
  
616  
00:27:27,960 --> 00:27:31,400  
所以我这个不是鼓励大家啊，去去去怎么弄  
  
617  
00:27:31,720 --> 00:27:34,430  
我只是从一个纯学术的角度啊  
  
618  
00:27:34,470 --> 00:27:36,900  
咱们去聊这个问题  
  
619  
00:27:37,020 --> 00:27:38,300  
纯学术的角度啊  
  
620  
00:27:38,300 --> 00:27:38,980  
聊这个问题  
  
621  
00:27:39,180 --> 00:27:42,100  
那么古人是怎么用的这个情况啊  
  
622  
00:27:42,100 --> 00:27:42,780  
古人怎么用  
  
623  
00:27:42,780 --> 00:27:43,580  
古人又没有  
  
624  
00:27:44,320 --> 00:27:48,680  
咱们说这个这么先进的外科手术啊  
  
625  
00:27:49,360 --> 00:27:51,000  
那他怎么去解决这个问题  
  
626  
00:27:51,840 --> 00:27:54,710  
一边怀着孕，一边里头又有肌瘤啊  
  
627  
00:27:54,750 --> 00:27:55,910  
怎么去解决这个问题  
  
628  
00:27:57,070 --> 00:27:59,390  
立法垂方桂枝茯苓丸啊  
  
629  
00:28:00,830 --> 00:28:03,590  
首先丸技他就很很和缓啊  
  
630  
00:28:03,590 --> 00:28:08,180  
相对来说他不似汤药之荡涤俊丽啊  
  
631  
00:28:08,740 --> 00:28:10,220  
他没那么那么猛  
  
632  
00:28:10,340 --> 00:28:11,300  
他比较和缓  
  
633  
00:28:12,220 --> 00:28:12,420  
呃  
  
634  
00:28:12,540 --> 00:28:14,980  
用桂枝茯苓丸啊，这个玩呢  
  
635  
00:28:15,620 --> 00:28:18,140  
那么它的构方非常精巧  
  
636  
00:28:20,400 --> 00:28:20,600  
嗯  
  
637  
00:28:20,600 --> 00:28:23,640  
我常说一句话，所谓明者命也对不对啊  
  
638  
00:28:24,110 --> 00:28:24,310  
哎  
  
639  
00:28:24,390 --> 00:28:25,830  
伤寒论里头很多方名  
  
640  
00:28:26,390 --> 00:28:30,030  
往往就把他这张方的立法说得很清楚  
  
641  
00:28:30,030 --> 00:28:31,550  
它叫桂枝茯苓丸  
  
642  
00:28:32,370 --> 00:28:33,970  
说到桂枝茯苓这两味药呢  
  
643  
00:28:33,970 --> 00:28:35,730  
其实大家非常的不陌生  
  
644  
00:28:35,810 --> 00:28:38,410  
尤其是在我们伤寒论之中啊  
  
645  
00:28:38,570 --> 00:28:40,890  
临桂相搭配的地方比比皆是  
  
646  
00:28:41,370 --> 00:28:44,420  
比如临桂竹竿苓、桂甘枣，对吧  
  
647  
00:28:44,860 --> 00:28:46,100  
哎，那非常的多啊  
  
648  
00:28:46,260 --> 00:28:49,370  
桂桂枝茯苓香，呃匹配的非常多  
  
649  
00:28:49,730 --> 00:28:50,650  
那么我们可以这样讲  
  
650  
00:28:50,650 --> 00:28:53,130  
桂枝呢，本身它色赤而性温  
  
651  
00:28:53,970 --> 00:28:57,330  
善善温血脉啊  
  
652  
00:28:57,370 --> 00:28:58,530  
茯苓呢，本身啊  
  
653  
00:28:58,530 --> 00:29:00,520  
我们说又能呃，肾湿  
  
654  
00:29:00,960 --> 00:29:02,280  
能能安心气啊  
  
655  
00:29:02,280 --> 00:29:04,800  
本身利心气，这两个药合用呢  
  
656  
00:29:05,220 --> 00:29:07,580  
它就能行心气以下降  
  
657  
00:29:07,940 --> 00:29:09,940  
它整个就是降心气的作用啊  
  
658  
00:29:09,980 --> 00:29:11,980  
桂枝茯苓降心气的作用  
  
659  
00:29:13,650 --> 00:29:14,410  
单皮呢  
  
660  
00:29:15,040 --> 00:29:18,520  
呃，则能够起达阴气啊  
  
661  
00:29:18,600 --> 00:29:20,640  
起阴气以以以以上达  
  
662  
00:29:21,120 --> 00:29:23,320  
那么心气下降，阴气上升  
  
663  
00:29:24,150 --> 00:29:29,390  
两个药就形成了一个心肾之间的一个交通  
  
664  
00:29:30,610 --> 00:29:32,610  
心肾交通啊，则气血  
  
665  
00:29:33,290 --> 00:29:36,210  
这个就是一个非常有意思的事了  
  
666  
00:29:36,860 --> 00:29:38,420  
虽然有邪气存在  
  
667  
00:29:38,500 --> 00:29:40,020  
但是我们可以不看邪气  
  
668  
00:29:40,020 --> 00:29:41,980  
我们说你，你你不去盯着它看  
  
669  
00:29:41,980 --> 00:29:42,300  
对吧  
  
670  
00:29:42,780 --> 00:29:47,370  
咱把心肾的正气让他往该去的地方去  
  
671  
00:29:47,810 --> 00:29:50,250  
那么就没有人往邪气那儿走了  
  
672  
00:29:51,420 --> 00:29:54,860  
就像说比如说这个我们看过去啊  
  
673  
00:29:54,940 --> 00:29:56,540  
一整这个有一些小说啊  
  
674  
00:29:56,540 --> 00:30:00,210  
或者故事讲剿匪，其实搅来搅去  
  
675  
00:30:00,850 --> 00:30:01,650  
有的时候啊  
  
676  
00:30:02,250 --> 00:30:04,490  
这个老百姓他活不下去  
  
677  
00:30:05,140 --> 00:30:06,180  
他匪从哪来啊  
  
678  
00:30:06,180 --> 00:30:08,860  
他不是也也是从老百姓他他他变出来的  
  
679  
00:30:08,860 --> 00:30:10,260  
他也是不是石头缝变的  
  
680  
00:30:10,490 --> 00:30:13,970  
那么你看过去，这个解放前我们说看这个  
  
681  
00:30:14,290 --> 00:30:14,570  
哎  
  
682  
00:30:15,180 --> 00:30:16,060  
这个这个剿匪  
  
683  
00:30:16,580 --> 00:30:20,470  
那么这个正和邪呀  
  
684  
00:30:20,470 --> 00:30:21,510  
他就是这个道理  
  
685  
00:30:22,390 --> 00:30:23,710  
正和谐就是这个道理  
  
686  
00:30:24,030 --> 00:30:24,710  
你不去  
  
687  
00:30:25,150 --> 00:30:26,470  
他有事干，对吧  
  
688  
00:30:26,990 --> 00:30:28,150  
他有地方待着他  
  
689  
00:30:28,270 --> 00:30:29,870  
你你让他去，他也不去  
  
690  
00:30:30,480 --> 00:30:31,760  
咱们说这个道理啊  
  
691  
00:30:31,840 --> 00:30:32,760  
咱们说这个道理  
  
692  
00:30:33,920 --> 00:30:34,840  
那么呃  
  
693  
00:30:35,120 --> 00:30:37,050  
就像我们国家，呃  
  
694  
00:30:37,570 --> 00:30:39,490  
我们说政治清平，对吧  
  
695  
00:30:39,850 --> 00:30:40,730  
那么老百姓呢  
  
696  
00:30:40,970 --> 00:30:42,090  
呃，各安生业  
  
697  
00:30:42,410 --> 00:30:44,530  
你没听说哪个地方闹匪患是吧  
  
698  
00:30:45,110 --> 00:30:45,910  
他没人去啊  
  
699  
00:30:45,910 --> 00:30:48,430  
那你你你你你干那个去干嘛呀  
  
700  
00:30:48,470 --> 00:30:49,430  
咱们讲这个道理  
  
701  
00:30:49,870 --> 00:30:50,150  
呃  
  
702  
00:30:50,680 --> 00:30:51,720  
人体之中也是  
  
703  
00:30:51,880 --> 00:30:53,280  
虽然那儿有一个瘤  
  
704  
00:30:54,160 --> 00:30:56,400  
我们可以第一步先让它不长  
  
705  
00:30:57,320 --> 00:30:59,520  
你先不考虑怎么拿下去  
  
706  
00:30:59,520 --> 00:31:02,280  
咱第一步先不让它不涨，怎么不长  
  
707  
00:31:02,400 --> 00:31:03,920  
那就是人的气血  
  
708  
00:31:03,960 --> 00:31:05,760  
有地方呆，有地方去  
  
709  
00:31:06,080 --> 00:31:08,290  
心肾能够交通啊  
  
710  
00:31:08,370 --> 00:31:09,330  
心肾能够交通  
  
711  
00:31:09,650 --> 00:31:13,690  
他呢，本身也是立足于这个生理病理的啊  
  
712  
00:31:13,690 --> 00:31:14,890  
那么所谓血液呢  
  
713  
00:31:15,330 --> 00:31:16,850  
生于肾而主于心  
  
714  
00:31:19,420 --> 00:31:20,460  
根据内经的理论  
  
715  
00:31:21,460 --> 00:31:23,300  
中焦受气取汁变化  
  
716  
00:31:23,300 --> 00:31:24,980  
而赤是谓血呃  
  
717  
00:31:25,260 --> 00:31:27,660  
中焦，那么得到渗水的滋养  
  
718  
00:31:28,780 --> 00:31:32,940  
得到心气的心火的膨化，则化成血液  
  
719  
00:31:34,020 --> 00:31:35,940  
我们之前讲炙甘草汤  
  
720  
00:31:36,700 --> 00:31:39,130  
大家应该这个历历在目  
  
721  
00:31:39,170 --> 00:31:41,210  
也是这么给大家拆解的  
  
722  
00:31:41,570 --> 00:31:44,090  
那么到这也是一个道理啊  
  
723  
00:31:44,130 --> 00:31:44,850  
也是一个道理  
  
724  
00:31:44,850 --> 00:31:47,880  
那么桂枝茯苓丸，首先他以零贵  
  
725  
00:31:47,960 --> 00:31:50,880  
你看桂枝茯苓没有一个是打肌瘤的呀  
  
726  
00:31:52,110 --> 00:31:52,430  
对吧  
  
727  
00:31:52,470 --> 00:31:54,190  
他没有说哪个是散结的呀  
  
728  
00:31:54,350 --> 00:31:56,270  
他虽然有这个作用，我们可以用  
  
729  
00:31:56,710 --> 00:32:00,070  
但是它的利益本身并不是以这个为主  
  
730  
00:32:00,910 --> 00:32:02,190  
仲景贤石桂枝茯苓丸  
  
731  
00:32:02,190 --> 00:32:03,310  
它并不是上来之后  
  
732  
00:32:03,750 --> 00:32:05,710  
仲景不是不会用散结的药啊  
  
733  
00:32:08,020 --> 00:32:08,780  
咱有鳖甲  
  
734  
00:32:09,820 --> 00:32:11,140  
咱有大贝是吧  
  
735  
00:32:11,340 --> 00:32:12,940  
咱有贝母，咱有很多呀  
  
736  
00:32:14,240 --> 00:32:14,560  
对吧  
  
737  
00:32:14,560 --> 00:32:16,040  
甚至是我们那个那个  
  
738  
00:32:17,130 --> 00:32:18,250  
呃海藻，对吧  
  
739  
00:32:18,530 --> 00:32:19,730  
他他不是不会用啊  
  
740  
00:32:20,570 --> 00:32:22,970  
有牡蛎，他上来先给你讲  
  
741  
00:32:23,990 --> 00:32:27,070  
先要用茯苓桂枝安心气  
  
742  
00:32:28,330 --> 00:32:29,210  
交通渗水  
  
743  
00:32:29,570 --> 00:32:32,610  
先让气血有地方去，之后啊  
  
744  
00:32:32,610 --> 00:32:33,850  
你看腾出手来  
  
745  
00:32:34,850 --> 00:32:35,690  
芍药啊  
  
746  
00:32:35,770 --> 00:32:36,450  
芍药来了吧  
  
747  
00:32:36,450 --> 00:32:37,250  
芍药干什么呀  
  
748  
00:32:38,050 --> 00:32:39,850  
咱们学伤寒论咱们都知道  
  
749  
00:32:40,250 --> 00:32:45,320  
比如说发汗后身疼痛  
  
750  
00:32:45,880 --> 00:32:47,760  
脉沉迟诶  
  
751  
00:32:49,980 --> 00:32:51,500  
桂枝怎么样啊  
  
752  
00:32:52,600 --> 00:32:54,680  
芍药、生姜各一两  
  
753  
00:32:54,800 --> 00:32:57,160  
人参三两，新芽糖那么为啥用芍药  
  
754  
00:32:57,160 --> 00:32:57,720  
因为我们说  
  
755  
00:32:58,120 --> 00:33:01,330  
呃，营气都不足了吧  
  
756  
00:33:01,610 --> 00:33:01,810  
哎  
  
757  
00:33:01,850 --> 00:33:02,650  
营气都不足了  
  
758  
00:33:02,970 --> 00:33:03,530  
芍药啊  
  
759  
00:33:03,570 --> 00:33:06,470  
本身破阴节而不阳和啊  
  
760  
00:33:06,830 --> 00:33:10,670  
能够通经络，用芍药去通达阴气  
  
761  
00:33:11,980 --> 00:33:12,980  
给谁做准备呢  
  
762  
00:33:12,980 --> 00:33:14,300  
给桃仁啊  
  
763  
00:33:14,420 --> 00:33:15,780  
那桃仁上去之后，你看  
  
764  
00:33:16,500 --> 00:33:19,800  
哎，他能够破这个破征  
  
765  
00:33:20,000 --> 00:33:22,560  
因为用桃仁、桃仁、桃花得三春之气  
  
766  
00:33:22,760 --> 00:33:24,480  
那么善行血脉啊  
  
767  
00:33:24,880 --> 00:33:27,400  
善行肝呃，通肝气而行血脉  
  
768  
00:33:28,860 --> 00:33:29,060  
额  
  
769  
00:33:29,260 --> 00:33:34,820  
那么在这桃仁就把这个这个里头的症结就把它疏通了  
  
770  
00:33:35,880 --> 00:33:36,840  
与此同时呢  
  
771  
00:33:37,840 --> 00:33:38,520  
这里头啊  
  
772  
00:33:38,920 --> 00:33:40,800  
那么往往也会衍生出一个问题  
  
773  
00:33:40,800 --> 00:33:43,920  
你看桂枝跟茯苓相配  
  
774  
00:33:44,080 --> 00:33:45,000  
他俩能降薪漆  
  
775  
00:33:45,840 --> 00:33:47,720  
桂枝如果跟单皮相配呢  
  
776  
00:33:48,820 --> 00:33:50,460  
其实往往又能行于血  
  
777  
00:33:51,660 --> 00:33:51,940  
哎  
  
778  
00:33:52,740 --> 00:33:54,660  
丹脾本身凉血活血  
  
779  
00:33:55,580 --> 00:33:58,260  
丹脾谓之单位之色  
  
780  
00:33:58,340 --> 00:33:59,980  
赤才约单对吧  
  
781  
00:34:00,350 --> 00:34:00,790  
赤呢  
  
782  
00:34:00,790 --> 00:34:01,870  
通血脉，其性凉  
  
783  
00:34:02,230 --> 00:34:03,350  
那本身就能行血  
  
784  
00:34:03,750 --> 00:34:07,230  
桂枝再配上它，那把血里的鱼又又又给去掉了  
  
785  
00:34:07,590 --> 00:34:09,750  
呃，可以说这张方丝丝入扣  
  
786  
00:34:11,239 --> 00:34:12,239  
举重若轻啊  
  
787  
00:34:12,360 --> 00:34:13,760  
四字入口举重若轻  
  
788  
00:34:15,040 --> 00:34:15,800  
呃，当然了  
  
789  
00:34:15,800 --> 00:34:18,639  
古人应用呢，它并不是这个呃  
  
790  
00:34:18,800 --> 00:34:19,920  
直接用汤剂  
  
791  
00:34:20,520 --> 00:34:24,020  
考虑到怀孕的这种生理的特殊性  
  
792  
00:34:24,940 --> 00:34:27,100  
她以顽疾示人啊  
  
793  
00:34:28,870 --> 00:34:30,989  
上五味，那古人称之为右五味对吧  
  
794  
00:34:31,270 --> 00:34:32,630  
莫之就是研研末  
  
795  
00:34:33,389 --> 00:34:37,190  
炼蜜和丸如兔使大，兔屎多大呀  
  
796  
00:34:37,190 --> 00:34:37,989  
你去看看吧  
  
797  
00:34:38,469 --> 00:34:38,670  
哎  
  
798  
00:34:38,949 --> 00:34:42,909  
这个兔子这个拉的那个粒粒状的，对吧  
  
799  
00:34:43,070 --> 00:34:44,110  
哎，兔屎大  
  
800  
00:34:45,820 --> 00:34:46,020  
呃  
  
801  
00:34:47,020 --> 00:34:50,110  
每日食前服一丸啊  
  
802  
00:34:50,710 --> 00:34:51,150  
服一丸  
  
803  
00:34:51,150 --> 00:34:52,030  
每天餐前  
  
804  
00:34:52,550 --> 00:34:56,610  
为什么餐前服，神农本草经早就告诉我们  
  
805  
00:34:57,410 --> 00:34:59,650  
呃，病在上焦啊  
  
806  
00:34:59,930 --> 00:35:01,540  
餐后服药对吧  
  
807  
00:35:01,540 --> 00:35:03,580  
并在下焦餐前服药啊  
  
808  
00:35:03,580 --> 00:35:04,140  
说明呢  
  
809  
00:35:04,300 --> 00:35:07,810  
伤寒金匮与神农本经一脉相承啊  
  
810  
00:35:07,810 --> 00:35:12,570  
那么里头有学理的这种前后的呃传承啊  
  
811  
00:35:13,630 --> 00:35:14,830  
那么告诉你，餐前服  
  
812  
00:35:15,070 --> 00:35:15,710  
餐前服呢  
  
813  
00:35:15,950 --> 00:35:17,590  
则让它往下焦走  
  
814  
00:35:18,350 --> 00:35:20,350  
不吃加至三丸诶  
  
815  
00:35:20,390 --> 00:35:23,090  
吃一丸没反应，不好也不坏  
  
816  
00:35:23,330 --> 00:35:24,890  
没有感觉，那咋办啊  
  
817  
00:35:25,610 --> 00:35:26,330  
加量啊  
  
818  
00:35:26,450 --> 00:35:27,130  
吃三粒  
  
819  
00:35:30,240 --> 00:35:31,200  
额，那么食钱  
  
820  
00:35:31,440 --> 00:35:33,480  
那么古人问题来了  
  
821  
00:35:34,000 --> 00:35:35,200  
古人吃几顿饭  
  
822  
00:35:37,170 --> 00:35:37,370  
哎  
  
823  
00:35:37,490 --> 00:35:40,010  
这个就是你看我们现在一日三餐  
  
824  
00:35:40,490 --> 00:35:41,850  
当然各地风俗不同啊  
  
825  
00:35:41,850 --> 00:35:42,770  
这个不能绝对  
  
826  
00:35:43,410 --> 00:35:45,370  
呃，古人大多数吧  
  
827  
00:35:45,570 --> 00:35:47,570  
一天两餐两餐啊  
  
828  
00:35:47,610 --> 00:35:49,250  
这个上午一顿下午一顿  
  
829  
00:35:50,330 --> 00:35:51,970  
嗯，当然各地也不一样  
  
830  
00:35:51,970 --> 00:35:53,810  
你看广东人还吃宵夜呢，对吧  
  
831  
00:35:54,090 --> 00:35:56,330  
那这个东西你分咋弄啊  
  
832  
00:35:56,910 --> 00:36:00,590  
呃，总之就是大体上是这么一个概念啊  
  
833  
00:36:00,910 --> 00:36:03,530  
当然我个人认为也得因人而异啊  
  
834  
00:36:03,770 --> 00:36:04,610  
根根据体质  
  
835  
00:36:04,610 --> 00:36:06,610  
你不能说非得照搬啊  
  
836  
00:36:06,610 --> 00:36:07,090  
非得照搬  
  
837  
00:36:07,090 --> 00:36:09,010  
那你说那个麻黄三两  
  
838  
00:36:09,490 --> 00:36:11,050  
你婴幼儿还麻黄三两吗  
  
839  
00:36:11,490 --> 00:36:11,730  
哎  
  
840  
00:36:11,730 --> 00:36:14,410  
这个东西它都都得是因人而异啊  
  
841  
00:36:15,570 --> 00:36:17,430  
这就是桂枝茯苓丸，呃  
  
842  
00:36:17,430 --> 00:36:18,310  
我个人认为啊  
  
843  
00:36:18,510 --> 00:36:20,790  
心主血脉，故以明之啊  
  
844  
00:36:20,910 --> 00:36:23,510  
因为心主血脉，所以桂枝茯苓开宗明义  
  
845  
00:36:23,510 --> 00:36:24,710  
他先安心气  
  
846  
00:36:25,240 --> 00:36:28,080  
先把正气把它安稳啊  
  
847  
00:36:28,120 --> 00:36:29,280  
先把正气安稳  
  
848  
00:36:33,080 --> 00:36:34,000  
好额  
  
849  
00:36:35,560 --> 00:36:36,920  
往后往后走啊  
  
850  
00:36:40,020 --> 00:36:42,180  
下一个方附子汤  
  
851  
00:36:45,940 --> 00:36:46,700  
原文第三条  
  
852  
00:36:48,100 --> 00:36:49,780  
妇人，怀仁67月  
  
853  
00:36:52,080 --> 00:36:53,120  
那么怀仁67月  
  
854  
00:36:54,280 --> 00:36:55,840  
其实距离预产期啊  
  
855  
00:36:56,840 --> 00:36:57,200  
啊  
  
856  
00:36:57,880 --> 00:37:01,470  
也也也也也是中后期了，对吧  
  
857  
00:37:02,030 --> 00:37:04,230  
哎，这个已经要为生产做准备了  
  
858  
00:37:04,870 --> 00:37:06,670  
但这个时候出问题了啊  
  
859  
00:37:06,670 --> 00:37:07,590  
出啥问题了呢  
  
860  
00:37:09,170 --> 00:37:11,290  
首先脉弦脉弦发热  
  
861  
00:37:11,610 --> 00:37:12,970  
那么我们伤寒论啊  
  
862  
00:37:13,330 --> 00:37:18,010  
总是以脉弦以来表达这个肝郁  
  
863  
00:37:18,860 --> 00:37:19,660  
包括什么呢  
  
864  
00:37:19,940 --> 00:37:20,540  
金匮之中  
  
865  
00:37:20,540 --> 00:37:23,670  
我们之前讲痰饮，有水饮的话啊  
  
866  
00:37:24,070 --> 00:37:26,790  
那么所谓这个单弦双弦对吧  
  
867  
00:37:26,790 --> 00:37:28,630  
我们呃，与水饮之论  
  
868  
00:37:29,230 --> 00:37:31,710  
呃，大家还历历在目  
  
869  
00:37:33,030 --> 00:37:35,910  
这讲的是一个啥问题啊  
  
870  
00:37:35,950 --> 00:37:37,270  
我们往后看啊  
  
871  
00:37:37,310 --> 00:37:38,910  
这个弦说的是啥问题  
  
872  
00:37:39,470 --> 00:37:42,040  
脉弦发热期太欲胀  
  
873  
00:37:42,200 --> 00:37:46,720  
那么患者本人啊，自己有一个主观的呃症状啊  
  
874  
00:37:48,480 --> 00:37:49,160  
胀满之症  
  
875  
00:37:50,240 --> 00:37:50,720  
腹痛  
  
876  
00:37:51,780 --> 00:37:52,460  
与此同时  
  
877  
00:37:52,460 --> 00:37:57,220  
恶寒中间出现了一个非常微妙的症状  
  
878  
00:37:57,660 --> 00:37:59,820  
叫少腹怎么样  
  
879  
00:38:09,160 --> 00:38:09,800  
竹扇  
  
880  
00:38:14,040 --> 00:38:16,720  
这个东西很微妙啊  
  
881  
00:38:17,240 --> 00:38:21,240  
少府首先是哪儿就是小腹，就是小腹  
  
882  
00:38:21,760 --> 00:38:23,600  
小腹呢其实就是  
  
883  
00:38:25,150 --> 00:38:27,390  
他说的就是包公  
  
884  
00:38:28,230 --> 00:38:31,590  
其实他为了说包公如善是什么意思啊  
  
885  
00:38:31,670 --> 00:38:33,150  
这个非常有意思  
  
886  
00:38:33,650 --> 00:38:35,850  
现代人都很容易理解  
  
887  
00:38:35,850 --> 00:38:37,530  
我一说空调大家知道吧  
  
888  
00:38:37,730 --> 00:38:38,850  
啊，空调或者电扇  
  
889  
00:38:39,450 --> 00:38:40,370  
那么古人呢  
  
890  
00:38:40,370 --> 00:38:41,770  
他是没见过空调  
  
891  
00:38:41,810 --> 00:38:44,990  
但是夏天天热，他不得扇扇子吗  
  
892  
00:38:45,510 --> 00:38:46,510  
有风有凉风  
  
893  
00:38:46,950 --> 00:38:47,950  
我们讲有凉风  
  
894  
00:38:48,850 --> 00:38:49,050  
呃  
  
895  
00:38:49,210 --> 00:38:52,810  
早些年我在因为我是针灸专业出身，对吧  
  
896  
00:38:53,050 --> 00:38:56,090  
扎针灸的时候发现非常实挺有意思的一个现象  
  
897  
00:38:56,770 --> 00:38:59,640  
呃，你其实不用透天凉  
  
898  
00:38:59,760 --> 00:39:02,200  
咱们说这个事儿啊呃呀  
  
899  
00:39:02,400 --> 00:39:05,200  
当然这个这个是比喻，可能不恰当  
  
900  
00:39:05,200 --> 00:39:05,640  
透天凉  
  
901  
00:39:05,640 --> 00:39:10,440  
它其实主要我们还是为了为了这个呃降这个火热之症  
  
902  
00:39:10,440 --> 00:39:10,760  
对吧  
  
903  
00:39:10,880 --> 00:39:11,840  
哎，去这火热之症  
  
904  
00:39:11,920 --> 00:39:13,480  
这个比方也不恰当  
  
905  
00:39:13,740 --> 00:39:14,500  
但是我就说一个事  
  
906  
00:39:14,500 --> 00:39:16,460  
儿人体，它自自己呀  
  
907  
00:39:16,820 --> 00:39:18,740  
里头就有水果，自成寒热  
  
908  
00:39:19,320 --> 00:39:21,640  
呃，我估计各位你们也有过体会  
  
909  
00:39:21,720 --> 00:39:23,320  
很多患者你把针扎上之后  
  
910  
00:39:23,920 --> 00:39:26,360  
从那个针屁股啊往外它冒凉气  
  
911  
00:39:27,630 --> 00:39:29,070  
甚至冒到啥程度呢  
  
912  
00:39:29,710 --> 00:39:31,590  
你拿手背一探它呲手  
  
913  
00:39:32,440 --> 00:39:35,480  
这个你不搞中医的人，你跟他说他不信  
  
914  
00:39:36,260 --> 00:39:39,660  
现在有很多人吧，他考虑问题是拍脑门儿考虑  
  
915  
00:39:40,140 --> 00:39:44,580  
就是他没有自己去实证，也没有去这个  
  
916  
00:39:45,740 --> 00:39:47,740  
呃你你你别说他没干过  
  
917  
00:39:47,740 --> 00:39:48,940  
他连看他都没看过  
  
918  
00:39:49,180 --> 00:39:50,940  
就凭想象啊  
  
919  
00:39:51,790 --> 00:39:55,470  
就就就真的就是咱们千万别干这个事  
  
920  
00:39:55,470 --> 00:39:58,930  
就是你跟专业的人掰扯专业，对吧  
  
921  
00:39:59,130 --> 00:40:01,770  
我碰到这样的人我都退避三舍啊  
  
922  
00:40:01,770 --> 00:40:03,570  
我都不跟他掰扯啊  
  
923  
00:40:03,890 --> 00:40:07,230  
你要说比如说你非得跟搞这个航天飞机的  
  
924  
00:40:07,230 --> 00:40:08,270  
你说你说航天飞机  
  
925  
00:40:08,270 --> 00:40:09,710  
我认为是烧柴上去的  
  
926  
00:40:10,160 --> 00:40:11,240  
那你就夸他啊  
  
927  
00:40:11,240 --> 00:40:11,760  
你说的对  
  
928  
00:40:12,080 --> 00:40:12,720  
你说对  
  
929  
00:40:12,720 --> 00:40:14,160  
你说的太好了啊  
  
930  
00:40:14,880 --> 00:40:16,680  
所以很多东西你你不要想当然  
  
931  
00:40:17,250 --> 00:40:19,930  
那么这个东西虽然用科学它没法解释  
  
932  
00:40:20,420 --> 00:40:22,300  
但是扎过针灸的同学啊  
  
933  
00:40:22,780 --> 00:40:25,620  
我相信你们只要扎的针法大差不差  
  
934  
00:40:26,140 --> 00:40:28,020  
大多数都知道我说这个事  
  
935  
00:40:28,020 --> 00:40:31,380  
我一说你就能get到这个这个点，是不是啊  
  
936  
00:40:31,620 --> 00:40:33,260  
就是针扎上去之后  
  
937  
00:40:33,480 --> 00:40:35,600  
你你你你你手手背往这一放  
  
938  
00:40:35,760 --> 00:40:36,880  
它往外冒凉气  
  
939  
00:40:36,920 --> 00:40:37,880  
就像空调一样  
  
940  
00:40:38,080 --> 00:40:40,720  
而且这个凉气你把手背放上你会很难受的  
  
941  
00:40:41,250 --> 00:40:42,290  
他刺手为什么  
  
942  
00:40:42,290 --> 00:40:44,190  
那是病气啊，是吧  
  
943  
00:40:44,190 --> 00:40:45,110  
他不是说光凉  
  
944  
00:40:45,630 --> 00:40:49,710  
那你说这屋热那找几个病人叫一块完，那对吧  
  
945  
00:40:49,710 --> 00:40:51,350  
扎一排那那当空调用吗  
  
946  
00:40:52,030 --> 00:40:52,870  
那不是那回事  
  
947  
00:40:52,870 --> 00:40:54,950  
那你坐里头，那你得难受  
  
948  
00:40:55,190 --> 00:40:56,350  
那个气，它是病气  
  
949  
00:40:56,390 --> 00:40:57,750  
咱们说这个道理对不对啊  
  
950  
00:40:58,930 --> 00:41:02,690  
推而论之，这个你没见过  
  
951  
00:41:03,050 --> 00:41:06,150  
富人怀仁，少府如善  
  
952  
00:41:06,230 --> 00:41:09,510  
但是你见过扎针灸冒凉风一回事  
  
953  
00:41:10,210 --> 00:41:11,970  
甚至是我们很多患者呀  
  
954  
00:41:12,370 --> 00:41:15,330  
在喝药的时候，这个你们也见过  
  
955  
00:41:15,330 --> 00:41:17,850  
就说那你说我老师我不会扎针对吧  
  
956  
00:41:17,850 --> 00:41:19,170  
我就管开汤药  
  
957  
00:41:19,170 --> 00:41:21,250  
那也行，也跑不了你啊  
  
958  
00:41:21,770 --> 00:41:27,100  
有很多这个喝下汤药之后素有寒症的人  
  
959  
00:41:27,700 --> 00:41:28,820  
他自己会表达  
  
960  
00:41:28,860 --> 00:41:29,340  
他说，哎  
  
961  
00:41:29,820 --> 00:41:32,420  
我从身体里头往外冒凉风  
  
962  
00:41:34,470 --> 00:41:36,270  
所以你说我们这帮中医吧  
  
963  
00:41:36,870 --> 00:41:40,150  
也不怪有很多中医黑他，没见过他  
  
964  
00:41:40,150 --> 00:41:41,670  
他他没事，他攻击你  
  
965  
00:41:42,120 --> 00:41:45,360  
用正常一般的经验来说，他真理解不了  
  
966  
00:41:45,880 --> 00:41:47,840  
那人身上咋能往外冒凉气呢  
  
967  
00:41:49,040 --> 00:41:51,240  
我们也不想把自己搞成这样  
  
968  
00:41:51,240 --> 00:41:55,650  
那事实最后那就这样啊，啊  
  
969  
00:41:56,130 --> 00:42:01,010  
那么我们认为啊，人他不可能人体跟尸体不一样对吧  
  
970  
00:42:01,700 --> 00:42:05,940  
是人体，它就有精有气有神气有气的通道  
  
971  
00:42:06,300 --> 00:42:06,940  
奇经，八脉  
  
972  
00:42:07,020 --> 00:42:07,660  
12正经  
  
973  
00:42:08,020 --> 00:42:09,540  
这些东西都是客观存在的  
  
974  
00:42:09,790 --> 00:42:13,310  
那你用现代科学到现在为止都没法证实它的存在  
  
975  
00:42:13,590 --> 00:42:15,150  
但是古人就告告诉我们了  
  
976  
00:42:15,430 --> 00:42:17,310  
而且每一条经从哪走到哪儿  
  
977  
00:42:17,690 --> 00:42:20,580  
人家说的老细致了对吧  
  
978  
00:42:20,780 --> 00:42:22,940  
肺手太阴之脉起于中焦，下络大肠  
  
979  
00:42:22,940 --> 00:42:24,980  
还循胃口上膈属肺对吧  
  
980  
00:42:24,980 --> 00:42:26,580  
他走到哪都告诉你啊  
  
981  
00:42:27,210 --> 00:42:28,530  
非常的精确啊  
  
982  
00:42:28,530 --> 00:42:29,730  
差一点都都不差  
  
983  
00:42:29,730 --> 00:42:32,170  
而且你按按人那个用它就是好使的啊  
  
984  
00:42:34,040 --> 00:42:36,440  
那么少辅助疝说明啥  
  
985  
00:42:37,440 --> 00:42:39,880  
这个里头有寒，哪来的寒呢  
  
986  
00:42:40,040 --> 00:42:42,200  
虽然者告诉你，子藏开故也啊  
  
987  
00:42:42,760 --> 00:42:43,560  
子葬是什么  
  
988  
00:42:43,560 --> 00:42:45,970  
同学们，子脏就是子宫啊  
  
989  
00:42:46,090 --> 00:42:46,850  
子葬就是子宫  
  
990  
00:42:47,450 --> 00:42:48,610  
呃，那么所以说呢  
  
991  
00:42:49,010 --> 00:42:50,530  
其实你看同样是腹部  
  
992  
00:42:50,610 --> 00:42:52,760  
那么前后连贯  
  
993  
00:42:52,800 --> 00:42:53,520  
我们连贯  
  
994  
00:42:53,880 --> 00:42:55,480  
伤寒和金匮连到一起  
  
995  
00:42:55,480 --> 00:42:57,000  
你就发现伤寒金匮  
  
996  
00:42:57,000 --> 00:42:58,400  
很多东西它都是通的  
  
997  
00:42:58,830 --> 00:42:59,150  
对吧  
  
998  
00:42:59,510 --> 00:43:02,830  
你看我们伤寒也经常有腹胀、腹满或者腹中寒  
  
999  
00:43:03,280 --> 00:43:04,440  
但是你就发现一个问题  
  
1000  
00:43:04,720 --> 00:43:07,640  
如果是晚腹，就是上腹部啊  
  
1001  
00:43:07,840 --> 00:43:11,580  
或者是脐以上，以脾胃为主的  
  
1002  
00:43:11,580 --> 00:43:14,340  
这个位置的寒往往则至于太阴  
  
1003  
00:43:15,320 --> 00:43:17,600  
相反，我们说少府的问题  
  
1004  
00:43:18,160 --> 00:43:20,240  
这个寒往往要择之于谁啊  
  
1005  
00:43:20,920 --> 00:43:21,480  
少阴  
  
1006  
00:43:21,880 --> 00:43:25,680  
你看太阴，少阴我们讲的金匮里头也都带着伤寒  
  
1007  
00:43:25,800 --> 00:43:28,040  
他俩之间就是连到一块的啊  
  
1008  
00:43:28,410 --> 00:43:29,730  
伤寒金贵虽然是两本书  
  
1009  
00:43:29,730 --> 00:43:32,170  
他是一个人写的思维啊  
  
1010  
00:43:32,370 --> 00:43:33,290  
虽然各有侧重  
  
1011  
00:43:33,290 --> 00:43:35,130  
但是其道理一以贯之啊  
  
1012  
00:43:35,170 --> 00:43:35,930  
一以贯之  
  
1013  
00:43:36,870 --> 00:43:37,590  
那么于是乎  
  
1014  
00:43:38,670 --> 00:43:41,150  
我们说，这个这个子藏开  
  
1015  
00:43:42,420 --> 00:43:46,020  
那么额开支太过呀  
  
1016  
00:43:46,140 --> 00:43:47,180  
则施于闭藏  
  
1017  
00:43:48,980 --> 00:43:50,860  
冬3月未知什么  
  
1018  
00:43:53,180 --> 00:43:53,860  
未知什么  
  
1019  
00:43:55,460 --> 00:43:57,140  
哎，那么哎  
  
1020  
00:43:58,380 --> 00:43:59,700  
肾者封藏之本嘛  
  
1021  
00:44:00,260 --> 00:44:01,820  
没肾者封藏之本啊  
  
1022  
00:44:03,330 --> 00:44:04,250  
那么开而不藏  
  
1023  
00:44:04,970 --> 00:44:08,690  
其实原因就是肾寒就这么简单  
  
1024  
00:44:09,210 --> 00:44:14,090  
肾寒造成了子藏受累啊  
  
1025  
00:44:14,450 --> 00:44:16,410  
开而不合，开而不闭啊  
  
1026  
00:44:17,550 --> 00:44:18,910  
carry不比额  
  
1027  
00:44:19,270 --> 00:44:20,110  
那么怎么办呢  
  
1028  
00:44:20,510 --> 00:44:22,190  
则以附子汤主之  
  
1029  
00:44:24,410 --> 00:44:26,530  
清初四大名医啊，王子杰先生  
  
1030  
00:44:26,530 --> 00:44:29,690  
我们经常啊举举他的例子啊  
  
1031  
00:44:30,140 --> 00:44:32,340  
叶天士的师傅啊  
  
1032  
00:44:32,420 --> 00:44:35,140  
伤寒论的这方面的师傅，呃  
  
1033  
00:44:36,440 --> 00:44:37,160  
讲了一句话  
  
1034  
00:44:37,640 --> 00:44:38,560  
附子汤是什么啊  
  
1035  
00:44:39,520 --> 00:44:40,120  
少阴  
  
1036  
00:44:41,690 --> 00:44:44,410  
固本御邪之计啊  
  
1037  
00:44:46,010 --> 00:44:47,170  
他给这么一个段语  
  
1038  
00:44:48,430 --> 00:44:52,360  
固本和御鞋啊，他是两件事啊  
  
1039  
00:44:52,440 --> 00:44:53,040  
固本呢  
  
1040  
00:44:53,480 --> 00:44:55,160  
那么就是，呃  
  
1041  
00:44:55,640 --> 00:44:57,240  
治病必求于本啊，不  
  
1042  
00:44:57,240 --> 00:44:58,600  
这凡事都是啊  
  
1043  
00:44:59,210 --> 00:45:00,570  
呃，本立而道生嘛  
  
1044  
00:45:01,130 --> 00:45:04,080  
那么你你先把这个根本先立住  
  
1045  
00:45:04,680 --> 00:45:06,480  
立住之后邪气从外而来  
  
1046  
00:45:06,520 --> 00:45:09,040  
那么能够遇邪，怎么御的邪啊  
  
1047  
00:45:10,020 --> 00:45:13,660  
父子温下本身就是我们说色黑啊  
  
1048  
00:45:13,780 --> 00:45:15,740  
父子本身就是就是色黑啊  
  
1049  
00:45:15,740 --> 00:45:17,220  
当然这块我要解释一下  
  
1050  
00:45:17,700 --> 00:45:22,760  
关于此处附子汤的方构成  
  
1051  
00:45:23,680 --> 00:45:25,240  
历史上是有争议的啊  
  
1052  
00:45:25,560 --> 00:45:28,360  
这个我不能咱们说呃，言堂  
  
1053  
00:45:28,440 --> 00:45:29,240  
我一讲呢  
  
1054  
00:45:29,240 --> 00:45:30,000  
你就这么记  
  
1055  
00:45:30,240 --> 00:45:31,120  
我得告诉你  
  
1056  
00:45:31,160 --> 00:45:33,710  
我认为他就是，包括很多医家  
  
1057  
00:45:33,710 --> 00:45:34,430  
不光是我啊  
  
1058  
00:45:34,750 --> 00:45:36,590  
都认为他就是仲景附子汤  
  
1059  
00:45:37,030 --> 00:45:38,670  
根据我们对这个方的了解  
  
1060  
00:45:38,670 --> 00:45:41,170  
包括对仲景行文习惯的了解  
  
1061  
00:45:41,490 --> 00:45:44,700  
对伤寒金匮学理体系的了解  
  
1062  
00:45:44,700 --> 00:45:46,740  
我们认为他就是附子汤  
  
1063  
00:45:47,020 --> 00:45:50,970  
但也有少部分医家观点认为  
  
1064  
00:45:51,890 --> 00:45:52,450  
不一定  
  
1065  
00:45:53,090 --> 00:45:55,210  
有可能是别的方名字也叫附子汤  
  
1066  
00:45:55,610 --> 00:45:56,210  
在这呢  
  
1067  
00:45:56,330 --> 00:45:57,370  
作为一个老师来说  
  
1068  
00:45:57,370 --> 00:45:59,880  
我不能断你会命对吧  
  
1069  
00:45:59,880 --> 00:46:01,680  
就是告诉你说说那你就信我的吧  
  
1070  
00:46:01,680 --> 00:46:03,200  
别人的你不用信，呃  
  
1071  
00:46:03,810 --> 00:46:04,490  
见仁见智  
  
1072  
00:46:04,490 --> 00:46:07,570  
也许人家说的是对的也不好说，也未可知  
  
1073  
00:46:07,850 --> 00:46:11,530  
至少我从这个角度认为附子汤是没问题的啊  
  
1074  
00:46:12,130 --> 00:46:12,410  
呃  
  
1075  
00:46:12,910 --> 00:46:17,430  
那么在这首先父子他就是不但要驱少阴的寒  
  
1076  
00:46:18,560 --> 00:46:19,880  
而且还能补肾啊  
  
1077  
00:46:19,880 --> 00:46:20,480  
还能补肾  
  
1078  
00:46:21,240 --> 00:46:22,600  
附子汤里的附子量大呀  
  
1079  
00:46:22,600 --> 00:46:24,240  
两枚啊，同学们啊  
  
1080  
00:46:24,800 --> 00:46:29,560  
然后白猪生白猪本身就是能够安胎  
  
1081  
00:46:30,000 --> 00:46:31,080  
白猪以利腰旗  
  
1082  
00:46:31,240 --> 00:46:33,960  
我很多时候治疗一些孕妇  
  
1083  
00:46:34,480 --> 00:46:34,720  
呃  
  
1084  
00:46:34,880 --> 00:46:36,120  
我也图省事，儿啊  
  
1085  
00:46:36,120 --> 00:46:39,440  
看到一些问题轻来轻去的就一味生白书对吧  
  
1086  
00:46:39,720 --> 00:46:41,360  
哎，效果就非常好啊  
  
1087  
00:46:43,800 --> 00:46:45,320  
生白猪本身就就是安胎  
  
1088  
00:46:45,880 --> 00:46:50,200  
安胎以而且能利腰脐间血啊  
  
1089  
00:46:50,200 --> 00:46:51,400  
生白猪有这个作用  
  
1090  
00:46:53,450 --> 00:46:53,650  
额  
  
1091  
00:46:53,770 --> 00:46:57,410  
芍药本身呢，破音节这个就是简单了  
  
1092  
00:46:57,410 --> 00:46:59,970  
在伤寒论中每每有腹痛加芍药对吧  
  
1093  
00:47:00,540 --> 00:47:01,500  
哎，往这块走的  
  
1094  
00:47:01,500 --> 00:47:02,860  
我们这个病本身呢  
  
1095  
00:47:03,180 --> 00:47:04,780  
你看到他就是有腹痛恶寒  
  
1096  
00:47:05,300 --> 00:47:07,190  
这个就能合得上，呃  
  
1097  
00:47:07,390 --> 00:47:07,950  
茯苓呢  
  
1098  
00:47:08,190 --> 00:47:10,870  
跟这个白术芍药在一起  
  
1099  
00:47:12,210 --> 00:47:13,410  
呃，那么本身呢  
  
1100  
00:47:13,410 --> 00:47:14,730  
又能养气血  
  
1101  
00:47:18,140 --> 00:47:19,500  
血虚、血气虚  
  
1102  
00:47:21,010 --> 00:47:22,370  
再加人参啊  
  
1103  
00:47:22,370 --> 00:47:26,290  
那么这一张方就可以说，对于这个汤证呢  
  
1104  
00:47:26,290 --> 00:47:27,450  
就面面俱到  
  
1105  
00:47:28,010 --> 00:47:28,730  
在临床上  
  
1106  
00:47:28,730 --> 00:47:34,210  
他的眼目大家注意就是这四个字叫少妇如善啊  
  
1107  
00:47:34,740 --> 00:47:36,020  
就是小肚子冒凉气  
  
1108  
00:47:36,380 --> 00:47:39,590  
证明子葬已开啊  
  
1109  
00:47:39,910 --> 00:47:40,670  
肾阳已寒  
  
1110  
00:47:41,150 --> 00:47:42,190  
那你就别想了  
  
1111  
00:47:42,630 --> 00:47:46,790  
就不要再顾虑我们讲胎前忌热的问题  
  
1112  
00:47:47,670 --> 00:47:49,430  
不要再顾虑胎前机制的问题  
  
1113  
00:47:49,710 --> 00:47:50,710  
这个治病啊  
  
1114  
00:47:50,750 --> 00:47:52,750  
很多时候你要抓大放小  
  
1115  
00:47:53,310 --> 00:47:55,430  
抓主要当断则断啊  
  
1116  
00:47:55,630 --> 00:47:56,390  
当断则断  
  
1117  
00:47:57,090 --> 00:47:57,290  
呃  
  
1118  
00:47:59,810 --> 00:48:00,610  
多年前啊  
  
1119  
00:48:00,810 --> 00:48:01,650  
这个啊  
  
1120  
00:48:01,650 --> 00:48:03,330  
好多年前了啊，呃  
  
1121  
00:48:03,370 --> 00:48:06,410  
我给当时啊，我们这个卫生厅厅长啊  
  
1122  
00:48:06,610 --> 00:48:08,210  
这个看病，呃  
  
1123  
00:48:08,690 --> 00:48:09,450  
给他开了一张  
  
1124  
00:48:10,170 --> 00:48:12,770  
这个方子，里头有麻黄  
  
1125  
00:48:13,570 --> 00:48:13,770  
呃  
  
1126  
00:48:13,850 --> 00:48:15,610  
我们当时的老厅长呢  
  
1127  
00:48:15,650 --> 00:48:17,930  
他懂中医啊  
  
1128  
00:48:17,930 --> 00:48:18,330  
他懂中医  
  
1129  
00:48:18,330 --> 00:48:18,730  
他一看  
  
1130  
00:48:19,010 --> 00:48:19,210  
哎  
  
1131  
00:48:19,210 --> 00:48:20,770  
当时有有顾虑，问我  
  
1132  
00:48:21,330 --> 00:48:22,450  
呃说，张师啊  
  
1133  
00:48:22,450 --> 00:48:23,730  
说，这个呃  
  
1134  
00:48:24,260 --> 00:48:26,140  
我虽然不搞中医啊  
  
1135  
00:48:26,140 --> 00:48:28,340  
但是我知道这个有汗啊  
  
1136  
00:48:28,340 --> 00:48:29,300  
不当用麻黄  
  
1137  
00:48:30,360 --> 00:48:32,280  
我呵呵，我当时啊  
  
1138  
00:48:32,600 --> 00:48:33,280  
我就笑了  
  
1139  
00:48:33,280 --> 00:48:34,200  
我给他解释了  
  
1140  
00:48:34,520 --> 00:48:35,960  
我说我们还有一个条文  
  
1141  
00:48:36,670 --> 00:48:38,830  
伤寒论原文第63条，咋说的呀  
  
1142  
00:48:39,270 --> 00:48:40,750  
发汗后不可更行  
  
1143  
00:48:40,750 --> 00:48:43,980  
桂枝热汤，汗出而喘无大热者  
  
1144  
00:48:43,980 --> 00:48:44,900  
什么汤主治啊  
  
1145  
00:48:45,020 --> 00:48:47,230  
解开坏了有麻黄  
  
1146  
00:48:47,390 --> 00:48:47,710  
呵呵  
  
1147  
00:48:47,710 --> 00:48:50,030  
你看汗出而喘，为啥还要用麻黄啊  
  
1148  
00:48:50,230 --> 00:48:50,830  
不绝对  
  
1149  
00:48:51,110 --> 00:48:54,430  
同学们，很多时候不要我们做医生啊  
  
1150  
00:48:54,970 --> 00:48:56,770  
庸医善于以耳为目  
  
1151  
00:48:56,890 --> 00:48:59,390  
你不要光听别人怎么说啊  
  
1152  
00:48:59,390 --> 00:49:00,510  
光看介柄说啊  
  
1153  
00:49:00,510 --> 00:49:01,870  
我隔壁张大夫怎么弄的  
  
1154  
00:49:01,870 --> 00:49:02,870  
李大夫怎么弄的  
  
1155  
00:49:03,460 --> 00:49:05,460  
你一开始想想你怎么弄，对吧  
  
1156  
00:49:05,740 --> 00:49:06,940  
把这个事情看好了  
  
1157  
00:49:07,220 --> 00:49:08,660  
当断则断啊  
  
1158  
00:49:08,820 --> 00:49:09,700  
当断则断  
  
1159  
00:49:12,060 --> 00:49:14,860  
那么后头第四条啊  
  
1160  
00:49:16,040 --> 00:49:19,120  
也是我们今天讲这个四个条文就就说完了  
  
1161  
00:49:19,120 --> 00:49:21,400  
第四条教爱汤啊  
  
1162  
00:49:22,730 --> 00:49:23,890  
这张房子呢  
  
1163  
00:49:23,890 --> 00:49:24,610  
说实话  
  
1164  
00:49:26,010 --> 00:49:30,760  
在当今的临床环境里被严重的低估  
  
1165  
00:49:31,320 --> 00:49:33,360  
这张床我临床上也很喜欢用啊  
  
1166  
00:49:33,400 --> 00:49:35,520  
但是现在被严重的低估  
  
1167  
00:49:36,420 --> 00:49:36,980  
为什么呢  
  
1168  
00:49:36,980 --> 00:49:40,980  
古人对这张方案实际上往往是推崇备至，甚至呢  
  
1169  
00:49:41,540 --> 00:49:42,660  
呃，认为呢  
  
1170  
00:49:42,660 --> 00:49:45,770  
这个是相当于经代胎产啊  
  
1171  
00:49:46,610 --> 00:49:46,810  
呃  
  
1172  
00:49:47,330 --> 00:49:49,690  
至原话，我想不起来  
  
1173  
00:49:49,690 --> 00:49:51,370  
这是我是自己随口来的啊  
  
1174  
00:49:51,730 --> 00:49:53,570  
呃，但大概意思差不了多少  
  
1175  
00:49:54,230 --> 00:50:00,860  
相当于经带胎产至主方指总法  
  
1176  
00:50:01,580 --> 00:50:06,140  
就是你几乎都在这个里头能找到找到方法啊  
  
1177  
00:50:06,950 --> 00:50:08,950  
这话呀，我说还真不为过  
  
1178  
00:50:09,190 --> 00:50:12,790  
为什么这张方都不用说加  
  
1179  
00:50:14,730 --> 00:50:16,250  
掐头去尾，剪来剪去  
  
1180  
00:50:17,810 --> 00:50:21,140  
里头剩个四物汤对吧  
  
1181  
00:50:21,500 --> 00:50:22,860  
我们说中医啊  
  
1182  
00:50:22,860 --> 00:50:25,180  
有两张方你绝对不可以忽视  
  
1183  
00:50:25,540 --> 00:50:27,380  
一张是四君，一张是四五  
  
1184  
00:50:28,220 --> 00:50:30,580  
几乎我们说血愤之病  
  
1185  
00:50:31,420 --> 00:50:33,260  
那么你能跑的出去四物汤吗  
  
1186  
00:50:33,900 --> 00:50:35,460  
你四物汤从哪来的  
  
1187  
00:50:35,930 --> 00:50:37,570  
他不还从郊外汤里来的吗  
  
1188  
00:50:37,570 --> 00:50:39,490  
这个这个说我并不为过  
  
1189  
00:50:39,490 --> 00:50:40,690  
咱们是有依据的啊  
  
1190  
00:50:41,050 --> 00:50:42,690  
所以我们看看这个条文怎么说  
  
1191  
00:50:43,680 --> 00:50:44,400  
呃，诗曰  
  
1192  
00:50:45,520 --> 00:50:46,480  
师徒问答对吧  
  
1193  
00:50:46,480 --> 00:50:46,760  
诗曰  
  
1194  
00:50:47,680 --> 00:50:48,160  
妇人  
  
1195  
00:50:51,260 --> 00:50:54,420  
有有什么漏下者  
  
1196  
00:50:55,770 --> 00:51:00,610  
有半产后因续下血都不觉者  
  
1197  
00:51:02,160 --> 00:51:04,040  
这是两回事  
  
1198  
00:51:04,040 --> 00:51:07,160  
漏下指的就是怀孕期间太漏对吧  
  
1199  
00:51:08,030 --> 00:51:08,870  
呃，后头呢  
  
1200  
00:51:09,510 --> 00:51:13,630  
半产半产这个啊，指的就是其实我们就是说小产  
  
1201  
00:51:14,550 --> 00:51:15,900  
呃，早产了  
  
1202  
00:51:16,460 --> 00:51:17,260  
或者是现在呢  
  
1203  
00:51:17,260 --> 00:51:21,140  
你看现在就可以衍生出来有这个呃  
  
1204  
00:51:21,780 --> 00:51:22,860  
人流对吧  
  
1205  
00:51:22,860 --> 00:51:25,980  
人工流产我们讲这个这个这这不也一个道理嘛  
  
1206  
00:51:26,620 --> 00:51:28,620  
呃，流产之后哎  
  
1207  
00:51:29,140 --> 00:51:32,260  
结果血呢还是不断的出，止不住  
  
1208  
00:51:33,470 --> 00:51:35,710  
那么在古代啊，这种时候就要命了  
  
1209  
00:51:35,710 --> 00:51:37,590  
同学们啊，在古代就要命了  
  
1210  
00:51:38,110 --> 00:51:41,230  
额，那么同时包含什么  
  
1211  
00:51:42,690 --> 00:51:43,690  
唉，这个是个倒装  
  
1212  
00:51:43,770 --> 00:51:45,130  
其实这个就说的漏下啊  
  
1213  
00:51:45,730 --> 00:51:46,010  
呃  
  
1214  
00:51:46,450 --> 00:51:50,170  
人参下血，这个是我们在临床中遇到比较多的  
  
1215  
00:51:50,650 --> 00:51:52,250  
呃，怀人期间对吧  
  
1216  
00:51:52,570 --> 00:51:54,610  
怀孕期间那么血呢，不断的漏  
  
1217  
00:51:55,040 --> 00:51:58,480  
呃，你从现代医学上你一看可能这个患者呀  
  
1218  
00:51:58,990 --> 00:52:00,910  
他的血常规啊  
  
1219  
00:52:00,910 --> 00:52:02,310  
他的这个检查报告  
  
1220  
00:52:02,430 --> 00:52:05,570  
那么激素水平都不行啊  
  
1221  
00:52:05,570 --> 00:52:06,930  
可能用了很多药也也不灵  
  
1222  
00:52:06,930 --> 00:52:08,810  
哎，用中药效果非常好啊  
  
1223  
00:52:08,810 --> 00:52:09,290  
非常好  
  
1224  
00:52:10,410 --> 00:52:15,210  
那么假令人参腹中痛为胞阻啊  
  
1225  
00:52:15,210 --> 00:52:17,530  
这会就讲这么一个问题，呃  
  
1226  
00:52:20,840 --> 00:52:24,320  
副总统为暴走这块其实也是有涉及一个倒装的问题  
  
1227  
00:52:24,600 --> 00:52:26,680  
他主要讲的就是这个下雪  
  
1228  
00:52:27,120 --> 00:52:30,060  
主要的掩目讲的就是下雪怎么办  
  
1229  
00:52:31,060 --> 00:52:31,980  
用胶艾汤  
  
1230  
00:52:35,140 --> 00:52:36,380  
虽有语序之倒装  
  
1231  
00:52:37,460 --> 00:52:41,300  
虽有叙事之各端不同，对吧  
  
1232  
00:52:41,460 --> 00:52:42,580  
人家有说漏下的  
  
1233  
00:52:42,580 --> 00:52:44,320  
有说半产，呃  
  
1234  
00:52:44,480 --> 00:52:45,880  
阴虚下血都不绝的  
  
1235  
00:52:46,520 --> 00:52:48,160  
有说这个人神下血的  
  
1236  
00:52:48,160 --> 00:52:50,080  
有说这个包阻的，对吧  
  
1237  
00:52:50,080 --> 00:52:51,120  
腹中痛包阻的  
  
1238  
00:52:51,600 --> 00:52:53,930  
总之，见血就一个事  
  
1239  
00:52:53,930 --> 00:52:54,170  
儿  
  
1240  
00:52:54,930 --> 00:52:57,250  
你就记住咱们就是打蛇打七寸  
  
1241  
00:52:58,260 --> 00:52:59,580  
说事抓重点啊  
  
1242  
00:53:10,440 --> 00:53:12,320  
他绝对跑不出去一个事  
  
1243  
00:53:21,040 --> 00:53:22,800  
后世医家喜欢这么说话  
  
1244  
00:53:23,360 --> 00:53:25,120  
叫冲人不顾，对不对啊  
  
1245  
00:53:25,680 --> 00:53:28,160  
哎，就冲人脉这两步迈冲人不顾  
  
1246  
00:53:29,100 --> 00:53:30,260  
呃，所谓冲人脉吧  
  
1247  
00:53:30,260 --> 00:53:31,500  
就是有很多一家呀  
  
1248  
00:53:31,780 --> 00:53:31,980  
他  
  
1249  
00:53:32,900 --> 00:53:34,220  
嗯，不知道  
  
1250  
00:53:34,300 --> 00:53:38,750  
因为总号拿这个南京说事儿  
  
1251  
00:53:39,210 --> 00:53:44,370  
因为相对来说比较完整的讲述奇经八脉是出自于难经  
  
1252  
00:53:44,370 --> 00:53:44,810  
对不对啊  
  
1253  
00:53:45,170 --> 00:53:46,290  
呃，其实这个呢  
  
1254  
00:53:46,410 --> 00:53:49,160  
早在内经之中就有论述  
  
1255  
00:53:49,590 --> 00:53:53,310  
呃，灵枢有一篇五阴五位中间是这么说的啊  
  
1256  
00:53:53,710 --> 00:53:54,830  
所谓冲脉  
  
1257  
00:53:54,910 --> 00:53:56,350  
任脉皆起于胞中  
  
1258  
00:53:57,080 --> 00:54:00,160  
上旬贝里为经络之海  
  
1259  
00:54:01,390 --> 00:54:02,550  
这个里头就有出处  
  
1260  
00:54:03,150 --> 00:54:04,830  
冲人脉其实有三条  
  
1261  
00:54:04,830 --> 00:54:06,360  
还有一条，督脉  
  
1262  
00:54:06,360 --> 00:54:06,720  
对吧  
  
1263  
00:54:06,880 --> 00:54:09,880  
冲任督三脉一元，而三体皆取取于包中  
  
1264  
00:54:10,400 --> 00:54:12,680  
呃，在这儿的时候他就已有论述  
  
1265  
00:54:12,760 --> 00:54:15,640  
但这为啥就提冲人，主要呢  
  
1266  
00:54:16,120 --> 00:54:17,280  
呃，冲人啊  
  
1267  
00:54:17,800 --> 00:54:23,990  
相对来说跟跟那个妇人怀仁关系比较大啊  
  
1268  
00:54:23,990 --> 00:54:24,830  
关系比较大  
  
1269  
00:54:25,410 --> 00:54:25,610  
呃  
  
1270  
00:54:25,690 --> 00:54:26,930  
那么上古天真论呢  
  
1271  
00:54:26,930 --> 00:54:28,850  
就是我们经常有那那那那句话  
  
1272  
00:54:28,850 --> 00:54:31,090  
冲为血海，任主胞胎这句话哪来的啊  
  
1273  
00:54:31,930 --> 00:54:33,730  
它并不是我们后人自创的  
  
1274  
00:54:34,690 --> 00:54:37,570  
并不是后人自创的，起源于  
  
1275  
00:54:39,240 --> 00:54:40,160  
重广补注  
  
1276  
00:54:40,480 --> 00:54:42,440  
黄帝内经啊  
  
1277  
00:54:42,720 --> 00:54:43,320  
谁做的啊  
  
1278  
00:54:43,400 --> 00:54:47,750  
唐代启玄子王冰起源自王冰王冰说的这句原话  
  
1279  
00:54:47,750 --> 00:54:50,590  
他在著上素问上古天真论的时候  
  
1280  
00:54:50,930 --> 00:54:55,090  
在这个女子二七天癸至那个桥下  
  
1281  
00:54:55,450 --> 00:54:56,570  
他说了这么一句话  
  
1282  
00:54:56,970 --> 00:54:58,810  
冲为血海任主胞胎好了  
  
1283  
00:54:58,810 --> 00:55:01,450  
这句话后来从唐代到今天  
  
1284  
00:55:01,450 --> 00:55:04,590  
1000多年为医家所种啊  
  
1285  
00:55:04,670 --> 00:55:07,870  
所以大家真的就是我觉得呃内经啊  
  
1286  
00:55:07,870 --> 00:55:10,550  
那是真的是如切如磋，如琢如磨  
  
1287  
00:55:10,590 --> 00:55:12,390  
你就好好看吧，啊  
  
1288  
00:55:12,550 --> 00:55:14,750  
怎么细看你都不为过啊  
  
1289  
00:55:14,750 --> 00:55:16,790  
真的内经怎么细看都不为过  
  
1290  
00:55:16,950 --> 00:55:20,230  
而且王冰的呃重光补助啊  
  
1291  
00:55:20,270 --> 00:55:23,710  
就是你基本看内经你绕不过去的啊，好  
  
1292  
00:55:24,680 --> 00:55:24,880  
额  
  
1293  
00:55:25,160 --> 00:55:27,400  
那么后头说，那这个东西咋治啊  
  
1294  
00:55:27,920 --> 00:55:28,880  
咱们说冲人不顾  
  
1295  
00:55:29,440 --> 00:55:29,640  
呃  
  
1296  
00:55:29,680 --> 00:55:31,440  
一个主血海一个主胞胎，对吧  
  
1297  
00:55:31,760 --> 00:55:31,960  
哎  
  
1298  
00:55:31,960 --> 00:55:32,680  
那么怎么治  
  
1299  
00:55:33,710 --> 00:55:33,910  
呃  
  
1300  
00:55:33,990 --> 00:55:35,070  
这个在临床中啊  
  
1301  
00:55:35,070 --> 00:55:37,230  
我们临床用的很多啊  
  
1302  
00:55:37,230 --> 00:55:38,590  
我跟大家也曾经说过  
  
1303  
00:55:38,590 --> 00:55:42,140  
我自创了一张处方，叫理冲汤  
  
1304  
00:55:42,220 --> 00:55:42,540  
对吧  
  
1305  
00:55:42,820 --> 00:55:44,860  
哎，临床效果我们我们天天都用  
  
1306  
00:55:44,860 --> 00:55:45,700  
这效果非常好  
  
1307  
00:55:46,060 --> 00:55:47,260  
呃，很简单  
  
1308  
00:55:47,710 --> 00:55:51,920  
就是在理中汤的基础上加石英哎  
  
1309  
00:55:52,000 --> 00:55:54,760  
如果有淤血或者血分的问题  
  
1310  
00:55:54,760 --> 00:55:58,310  
有可能我还要加川芎和昆草，益母草  
  
1311  
00:55:58,310 --> 00:56:00,350  
啊这这这这个我经常用  
  
1312  
00:56:00,390 --> 00:56:02,750  
甚至我创成了那个小李冲大力冲啊  
  
1313  
00:56:03,090 --> 00:56:05,170  
临床上用的，那简直就是不得了啊  
  
1314  
00:56:05,170 --> 00:56:07,800  
就是说效果非常好，很多奇  
  
1315  
00:56:07,800 --> 00:56:09,600  
难怪病吧，用效果非常好  
  
1316  
00:56:09,760 --> 00:56:12,640  
为什么现代人冲脉为病的特别多  
  
1317  
00:56:14,400 --> 00:56:18,320  
因为其实奇经八脉你想伤到奇经八脉也不容易  
  
1318  
00:56:19,120 --> 00:56:25,780  
但是你看现在人在优厚优渥的生存条件下透支身体  
  
1319  
00:56:26,940 --> 00:56:29,300  
古人想透支他也透支不了  
  
1320  
00:56:30,260 --> 00:56:32,380  
刚想透支天太冷，赶紧睡觉吧  
  
1321  
00:56:32,940 --> 00:56:34,460  
对吧，对吧  
  
1322  
00:56:34,460 --> 00:56:35,740  
晚上他刚想熬个夜  
  
1323  
00:56:35,740 --> 00:56:38,610  
天黑了，别熬了对吧  
  
1324  
00:56:38,610 --> 00:56:41,730  
黑灯瞎火的现在不是啊，现在不是啊  
  
1325  
00:56:41,730 --> 00:56:42,370  
一到晚上  
  
1326  
00:56:43,050 --> 00:56:46,550  
哎呀，今天开始了是吧  
  
1327  
00:56:46,870 --> 00:56:48,430  
新新的一天开始了  
  
1328  
00:56:48,790 --> 00:56:51,270  
这个刚刚开始要社交啊  
  
1329  
00:56:51,620 --> 00:56:52,900  
你说他有好吗  
  
1330  
00:56:53,420 --> 00:56:57,740  
所以说现在人很容易把奇经八脉的先天精气，就把透透支了  
  
1331  
00:56:58,280 --> 00:57:00,600  
冲脉为病比比皆是特别多啊  
  
1332  
00:57:01,040 --> 00:57:03,160  
但是你看古人是怎么处理的啊  
  
1333  
00:57:03,200 --> 00:57:04,880  
是从两个角度，两个层面  
  
1334  
00:57:05,240 --> 00:57:10,020  
我呢是从这个呃伤寒论六经太阴的这个这个角度啊  
  
1335  
00:57:10,980 --> 00:57:11,420  
立法  
  
1336  
00:57:11,760 --> 00:57:13,480  
呃，其实是借古人之法  
  
1337  
00:57:13,480 --> 00:57:15,440  
不能咱自己不能大言不惭  
  
1338  
00:57:15,600 --> 00:57:18,880  
咱没有创方的这个古人立法，吹方的才秀  
  
1339  
00:57:19,260 --> 00:57:20,660  
咱是借古人之法  
  
1340  
00:57:21,060 --> 00:57:22,820  
呃，只是说因为用的太多  
  
1341  
00:57:23,300 --> 00:57:24,260  
每天李冲汤  
  
1342  
00:57:25,510 --> 00:57:28,510  
我用没有20张也有十张吧  
  
1343  
00:57:28,950 --> 00:57:33,200  
咱们可以这个非常保客观的说我没查过，呃  
  
1344  
00:57:33,200 --> 00:57:35,800  
甚至20张我认为真的也也都挡不住啊  
  
1345  
00:57:35,960 --> 00:57:36,800  
也都挡不住  
  
1346  
00:57:37,270 --> 00:57:38,670  
那么古人治法呢  
  
1347  
00:57:38,670 --> 00:57:41,190  
是用这个胶艾汤非常简单啊  
  
1348  
00:57:42,190 --> 00:57:43,830  
为啥是胶艾汤  
  
1349  
00:57:44,840 --> 00:57:46,000  
这个就有意思了啊  
  
1350  
00:57:46,000 --> 00:57:49,840  
我两句话就给你说清楚阿胶干什么  
  
1351  
00:57:50,320 --> 00:57:51,040  
补冲脉  
  
1352  
00:57:53,190 --> 00:57:55,870  
艾叶儿不带麦啊  
  
1353  
00:57:56,470 --> 00:57:58,150  
那么就这两个同学们啊  
  
1354  
00:57:58,870 --> 00:57:59,870  
阿胶补充麦  
  
1355  
00:58:00,550 --> 00:58:03,950  
艾叶不带麦，你把它拿住喽啊  
  
1356  
00:58:04,600 --> 00:58:06,880  
你把它拿住了，就这么两个  
  
1357  
00:58:09,280 --> 00:58:11,440  
呃，阿胶怎么去补充脉  
  
1358  
00:58:11,480 --> 00:58:14,500  
那么呃，你看本身啊  
  
1359  
00:58:14,500 --> 00:58:16,260  
它这个养肝穴对不对啊  
  
1360  
00:58:16,820 --> 00:58:20,100  
我之前讲过阿胶呢，为济水之伏流  
  
1361  
00:58:20,630 --> 00:58:22,990  
济济水就是那个恨啊，那个那个呃  
  
1362  
00:58:23,030 --> 00:58:26,990  
济南山东山东济水之南名曰济南嘛  
  
1363  
00:58:27,600 --> 00:58:27,800  
哎  
  
1364  
00:58:27,800 --> 00:58:30,120  
那么你看山东有很多地名跟记都有关系吧  
  
1365  
00:58:30,520 --> 00:58:32,480  
记名是不是啊  
  
1366  
00:58:32,480 --> 00:58:32,680  
哎  
  
1367  
00:58:32,960 --> 00:58:33,840  
那么都是既水  
  
1368  
00:58:34,320 --> 00:58:37,990  
呃，灵枢经水篇讲的非常透彻  
  
1369  
00:58:38,950 --> 00:58:42,870  
所谓守少阴，内应于心而外应季水  
  
1370  
00:58:43,510 --> 00:58:45,550  
那么积水的地下暗流  
  
1371  
00:58:46,750 --> 00:58:47,750  
地下暗流  
  
1372  
00:58:49,770 --> 00:58:53,130  
那么顶上打个眼儿一口井  
  
1373  
00:58:53,690 --> 00:58:55,810  
这口井在山东东阿县  
  
1374  
00:58:56,410 --> 00:58:58,680  
这口井称之为阿井  
  
1375  
00:59:01,080 --> 00:59:04,800  
冬至子时，以阿井之水去煮胶  
  
1376  
00:59:07,080 --> 00:59:08,800  
焦为驴脾所所熬吧  
  
1377  
00:59:09,520 --> 00:59:09,720  
哎  
  
1378  
00:59:09,720 --> 00:59:11,080  
我们说脾为肺之华  
  
1379  
00:59:11,160 --> 00:59:13,080  
肺主朝百脉啊  
  
1380  
00:59:13,200 --> 00:59:16,110  
那么因此，这他最擅温养血脉  
  
1381  
00:59:16,310 --> 00:59:17,230  
但是有同学说了  
  
1382  
00:59:17,230 --> 00:59:19,230  
那我直接到济水里蒯水去行不行  
  
1383  
00:59:19,910 --> 00:59:20,150  
呃  
  
1384  
00:59:20,150 --> 00:59:20,870  
也不是不行  
  
1385  
00:59:20,950 --> 00:59:22,870  
但是你还要明白一句话  
  
1386  
00:59:23,840 --> 00:59:28,240  
内经讲营行脉中，卫行脉外知道吧  
  
1387  
00:59:28,800 --> 00:59:29,000  
哎  
  
1388  
00:59:29,080 --> 00:59:30,240  
迎行脉中卫行脉外  
  
1389  
00:59:30,440 --> 00:59:34,280  
那么地表之水如同如如卫在外  
  
1390  
00:59:35,120 --> 00:59:38,800  
地下之水如凝血，藏于藏于藏于里  
  
1391  
00:59:39,040 --> 00:59:39,560  
是不是啊  
  
1392  
00:59:39,840 --> 00:59:41,640  
那么同样是一个取向的作用  
  
1393  
00:59:42,070 --> 00:59:46,310  
因此这个呢，就是说我们说一个能补充麦艾叶呢  
  
1394  
00:59:46,350 --> 00:59:46,710  
它嘛  
  
1395  
00:59:46,830 --> 00:59:48,430  
呃，它这个就是作为什么呢  
  
1396  
00:59:48,510 --> 00:59:48,950  
这个  
  
1397  
00:59:49,870 --> 00:59:51,350  
呃，温经嘛  
  
1398  
00:59:51,390 --> 00:59:52,190  
温经呃  
  
1399  
00:59:52,190 --> 00:59:53,230  
我们说，呃  
  
1400  
00:59:53,870 --> 00:59:54,510  
人脉啊  
  
1401  
00:59:55,320 --> 00:59:55,520  
呃  
  
1402  
00:59:55,720 --> 00:59:58,080  
总任主呃，诸阴对不对啊  
  
1403  
00:59:58,640 --> 01:00:00,160  
哎，督脉总督诸阳  
  
1404  
01:00:00,560 --> 01:00:01,760  
那么艾叶呢  
  
1405  
01:00:01,840 --> 01:00:05,280  
本身艾灸艾灸，我们可以隔着姜酒  
  
1406  
01:00:05,360 --> 01:00:07,120  
可以隔着隔着蒜酒，对不对啊  
  
1407  
01:00:07,800 --> 01:00:11,220  
它能隔物而而温热啊  
  
1408  
01:00:11,340 --> 01:00:12,260  
隔物而温热  
  
1409  
01:00:12,820 --> 01:00:16,260  
隔热东西而温热，说明它的热力有透散之作用  
  
1410  
01:00:17,260 --> 01:00:17,500  
啊  
  
1411  
01:00:17,500 --> 01:00:20,170  
有有有这种透散之作用  
  
1412  
01:00:20,410 --> 01:00:21,690  
与此同时，古人啊  
  
1413  
01:00:21,690 --> 01:00:22,370  
他非常有意思  
  
1414  
01:00:22,370 --> 01:00:24,950  
古人发现一个特别好玩的事，呃  
  
1415  
01:00:25,030 --> 01:00:26,270  
把冰啊磨圆  
  
1416  
01:00:26,350 --> 01:00:28,150  
古人发现特别好玩的事，把冰磨圆  
  
1417  
01:00:28,230 --> 01:00:29,350  
其实就磨成放大镜  
  
1418  
01:00:30,020 --> 01:00:31,300  
咱们知道凸透镜对吧  
  
1419  
01:00:31,660 --> 01:00:33,580  
然后向日而对爱  
  
1420  
01:00:35,140 --> 01:00:37,380  
能够使其无火而自燃  
  
1421  
01:00:37,860 --> 01:00:38,780  
但是这个我们知道  
  
1422  
01:00:38,780 --> 01:00:41,340  
其实放大镜你你点点纸也能点着  
  
1423  
01:00:42,120 --> 01:00:42,960  
但是呢  
  
1424  
01:00:43,320 --> 01:00:44,720  
但是这有个道理啊  
  
1425  
01:00:44,960 --> 01:00:46,080  
我们我们说一个道理  
  
1426  
01:00:46,440 --> 01:00:48,440  
在这个草本草之中  
  
1427  
01:00:49,520 --> 01:00:50,760  
比较容易点着的  
  
1428  
01:00:51,040 --> 01:00:53,080  
那你就不会笑话古人的智慧了  
  
1429  
01:00:54,080 --> 01:00:55,320  
那你点别的试试  
  
1430  
01:00:56,450 --> 01:00:56,770  
对吧  
  
1431  
01:00:57,250 --> 01:00:59,570  
你有的你给你给你，你的冰都累化了  
  
1432  
01:00:59,570 --> 01:01:00,370  
他也点不着  
  
1433  
01:01:00,650 --> 01:01:03,890  
哎点艾叶它容易着，这个确实是对吧  
  
1434  
01:01:04,050 --> 01:01:08,310  
包括艾草，你会发现别的东西植物你点着之后它容易灭  
  
1435  
01:01:08,630 --> 01:01:08,910  
嗯  
  
1436  
01:01:09,940 --> 01:01:10,700  
这是真的吧  
  
1437  
01:01:11,220 --> 01:01:14,220  
艾叶一旦点着，你容易不灭  
  
1438  
01:01:14,300 --> 01:01:16,660  
我告诉你你咋还搞针推的同学  
  
1439  
01:01:16,660 --> 01:01:17,860  
你就知道你整不好  
  
1440  
01:01:17,990 --> 01:01:19,510  
你都得看着它灭透了  
  
1441  
01:01:19,510 --> 01:01:20,550  
你才能扔垃圾桶里  
  
1442  
01:01:20,550 --> 01:01:20,830  
对吧  
  
1443  
01:01:21,270 --> 01:01:22,830  
你灭不透，你扔里你试试  
  
1444  
01:01:23,390 --> 01:01:25,710  
尤其现在我们消防管的这么严是吧  
  
1445  
01:01:26,480 --> 01:01:26,800  
对吧  
  
1446  
01:01:26,800 --> 01:01:28,760  
消防意识这个这个很很重要啊  
  
1447  
01:01:29,360 --> 01:01:31,320  
那么它可以隔冰而取火  
  
1448  
01:01:31,600 --> 01:01:33,440  
与太阳之气相感相应  
  
1449  
01:01:33,740 --> 01:01:33,940  
哎  
  
1450  
01:01:33,940 --> 01:01:35,340  
那么能够温通诸经  
  
1451  
01:01:35,660 --> 01:01:37,180  
能够温通人脉  
  
1452  
01:01:37,460 --> 01:01:41,060  
所以你再见到任脉之寒症，知道该咋治了吧  
  
1453  
01:01:41,710 --> 01:01:45,270  
哎，见到冲脉之虚劳知道该咋治了吧  
  
1454  
01:01:46,210 --> 01:01:47,410  
我的那个理冲汤啊  
  
1455  
01:01:47,410 --> 01:01:48,730  
之所以没用阿胶  
  
1456  
01:01:49,210 --> 01:01:52,050  
其原因往往我治的是寒而不虚  
  
1457  
01:01:52,450 --> 01:01:53,410  
我治的不是虚症  
  
1458  
01:01:53,450 --> 01:01:55,130  
甚至有很多是肿瘤病  
  
1459  
01:01:55,130 --> 01:01:57,780  
我之所以阿胶，多数是置而不用  
  
1460  
01:01:58,100 --> 01:01:59,580  
如果见到有虚证的  
  
1461  
01:01:59,580 --> 01:02:01,540  
那么肯定是阿胶要进去的啊  
  
1462  
01:02:01,580 --> 01:02:03,260  
就要以胶艾汤立法了啊  
  
1463  
01:02:03,790 --> 01:02:06,750  
就这两味药其实把焦艾汤就讲明白了  
  
1464  
01:02:08,320 --> 01:02:11,640  
抓抓这个方，我们就抓他的眼目对不对啊  
  
1465  
01:02:11,640 --> 01:02:13,920  
抓他的眼目在他基础之上  
  
1466  
01:02:14,360 --> 01:02:15,440  
后头配上谁啊  
  
1467  
01:02:15,560 --> 01:02:17,040  
四物汤还用我讲吗  
  
1468  
01:02:17,360 --> 01:02:18,120  
对吧  
  
1469  
01:02:18,600 --> 01:02:20,360  
勺归凶，再加地黄  
  
1470  
01:02:21,640 --> 01:02:24,160  
最后，你不还得加个甘草吗  
  
1471  
01:02:24,320 --> 01:02:25,960  
甘以缓治，缓中补虚吧  
  
1472  
01:02:26,540 --> 01:02:26,740  
哎  
  
1473  
01:02:26,860 --> 01:02:28,700  
因为你毕竟她是怀孕的人啊  
  
1474  
01:02:28,940 --> 01:02:31,340  
那你哪个药都别让他太过，哎  
  
1475  
01:02:31,340 --> 01:02:32,780  
那么这个方它就成了  
  
1476  
01:02:33,260 --> 01:02:38,160  
因此这个方案基本上我们说面面俱到，煎煮之时呢  
  
1477  
01:02:38,160 --> 01:02:44,080  
又要何以清酒以清酒和治之通达经脉啊  
  
1478  
01:02:44,160 --> 01:02:47,920  
共奏良效，这个方到这也就合合而成  
  
1479  
01:02:48,660 --> 01:02:48,860  
呃  
  
1480  
01:02:49,020 --> 01:02:52,380  
今天呢，我们就先说这么多啊  
  
1481  
01:02:52,780 --> 01:02:53,660  
呃，后头啊  
  
1482  
01:02:53,940 --> 01:02:56,820  
留着下次课，咱们再把它接着说完  
  
1483  
01:02:57,180 --> 01:02:57,380  
好  
  
1484  
01:02:57,420 --> 01:03:00,020  
今天的课咱们就先到这儿啊，下课